

# Newsletter for schools & other education settings



The form is titled "I've had Asthma First Aid today" and includes sections for "School/Teacher", "When medication was administered", "What dose administered was", "Where the asthma flare-up occurred", and "Further information". It also has a section for "Please contact us if you require further information".

## New School Form: *"I've had Asthma First Aid today"*

We are pleased to introduce a new asthma resource for schools funded by the Australian Government as part of the Asthma Child and Adolescent Program.

The new school form, "I've had Asthma First Aid today" is a simple way to advise parents and carers about the school's management of an asthma incident experienced by their child. It records details about the time and place of the asthma flare up, the medication administered and any follow up required.

The form is provided as a writable pdf that can be emailed to the family or as a standard pdf for staff to print and complete by hand. Both formats are attached.

## Asthma Education for Parents & Carers

The Asthma Foundation of Victoria is funded to provide FREE Asthma Education Sessions to Parents and Carers. Foundation Staff can come to your School or Children's Centre and speak directly to parents of children with asthma. Please see the attached Flyer for more details or contact us on 1800 ASTHMA for more information.

## National Asthma Week (NAW)

A big THANK YOU to all who became actively involved in their communities during National Asthma Week!



## Triple A Asthma Adolescent Action Program



Triple A is the first peer-led education program to improve the health & wellbeing of students with asthma.

### Why is Triple A different?

- ➔ Innovative student-centred approach
- ➔ Students become the drivers of both the teaching and learning
- ➔ Hands-on activities e.g.: videos and games
- ➔ Informative and participatory
- ➔ Having fun is central to all aspects of learning!

There are still some places available for Term 4 2015, including a condensed program if time availability is limited.

For further information please see our website: [www.asthma.org.au/Programs/TripleAProgram](http://www.asthma.org.au/Programs/TripleAProgram) or contact Rebecca Colcott at [rcolcott@asthma.org.au](mailto:rcolcott@asthma.org.au)

## Melbourne Pollen Count returns!

The daily updated Pollen Count is now available on our website.



# Newsletter for schools & other education settings

## New Newsletter format

In 2016 the Asthma Australia School Newsletter will be provided in a new format using online technology. With our new Staff Attendance forms now collecting each staff member's email for face-to-face training and the use of the online training also providing staff emails, we will be able to deliver the new newsletter directly to you to read at your convenience.

The new format will come out twice a year, in school terms one and three, from now on.

Generally this will occur through the newsletters but there may be a need at other times to inform you of program developments.

To ensure wide distribution to staff, we will continue to provide the newsletter to each site through your contact person with the local Asthma Foundation also.

## Online training

The use of online training for school staff via our e-learning hub continues to increase, with 40% of all sites doing training using the online package in the last report period (Jan-Jul 2015).

As well as online training offering an option to remote schools where a trainer may not be available, staff that miss attending a face-to-face session can also be trained around the same time as their colleagues, ensuring a whole of staff approach to the safety and support of students with asthma.

**Asthma Australia Staff Attendance Form**  
Asthma First Aid training session in schools and preschools

Asthma Australia recommends that all education staff, teaching and non-teaching, attend asthma first aid training sessions. Please refer to your employer guidelines regarding education staff requirements for health support duties including training in asthma and asthma first aid.

Name of School/Preschool \_\_\_\_\_  
Suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_  
Date \_\_\_\_\_ Trainer \_\_\_\_\_

The following staff attended the asthma training session detailed above:

	Name / Position <small>(Please print first name and surname legibly)</small>	Email	<small>(Please tick 'yes' if from a preschool)</small>
1			
2			
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Make a copy of completed form(s) for your records

**Please return original form(s) to the Asthma Session Trainer**

PRIVACY INFORMATION: This form is for use by Asthma Australia in the management of the asthma training program only. Data participants in Commonwealth funded training are listed in reports and may be listed in Asthma Foundation publications. All other information will be treated confidentially and will not be provided to any other party.

To find out more about asthma contact your local Asthma Foundation  
1800 ASTHMA 1800 278 462 | [asthmaaustralia.org.au](http://asthmaaustralia.org.au)

Asthma training in schools and preschools is supported by the Australian Government



Asthma First Aid for School Staff

We understand the significant demands on education staff time and will ensure that our privacy disclaimer is upheld in the use of your email information. Any communication you receive via your email from Asthma Australia will be directly related to the Asthma Child and Adolescent Program that funds this training in schools and other education settings through the Australian Government Department of Health.

A further advantage of online training is that you can do it any time and as many times as you want and you can log out at any time and resume later. In our survey of online users, 30% of staff indicated that they used the package to update their asthma knowledge, e.g. when they had a new student with asthma enroll in their class.

When we see a staff member has done online training in a site that has not had recent training, we will contact the site and discuss options to help all staff to be asthma trained. The use of online training for whole staff is increasing in both rural and metro schools as this mode suits many staff due to its flexibility.