



# Champions for Change Leadership Day

## Monday, 5<sup>th</sup> August 2019 – BACCHUS MARSH

Locally supported by: Youth Services, Moorabool Shire Council



**Bringing together Year 6 - 8 students from local schools to share ideas on how to promote body confidence within their school community**

We invite **approx 8** of your students to participate in the following session

<b>Date</b>	Monday, 5 <sup>th</sup> August 2019
<b>Time</b>	9.30 – 12.30
<b>Venue</b>	Bacchus Marsh Hall, Main Street, Bacchus Marsh, VIC

*As body esteem is not gender specific, we recommend and encourage students of all genders to attend.*

### What to expect on the day:

- Information and activities exploring body esteem within our society
- Strategies to becoming a Champion for Change Leader to promote body confidence amongst peers.
- Small group workshops to create a student-led Take Action Plan for implementation back at school.

It is **FREE** to attend but places are limited. For further information and to register your interest:

**Contact: E: [education@thebutterflyfoundation.org.au](mailto:education@thebutterflyfoundation.org.au) T: 02 8456 3908**

The Butterfly Foundation is Australia's largest charity supporting those affected by eating disorders and negative body image. We are bringing our unique whole community program to young people, parents & professionals in Bacchus Marsh on 5 – 6<sup>th</sup> August 2019.