



Let's Talk about Parenting

A Parent's Building Solutions Program

Do you want to know how to talk so children will listen?

Understand what is normal children's behaviour?

Communicate better with your child?

Stay connected to your child?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

Please note these are interactive sessions and will not be recorded

Dates: Thursdays 17th August - 14th September

Time: 10.00am - 12.0pm

Cost: FREE

Venue: Online via ZOOM

Register: scan the QR code, follow the MS forms link

<https://forms.office.com/r/s8j22s0tQU>

OR contact

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