

# PLAN YOUR PREPARATION

## I am in YEAR 10

A soft-start preparation approach is recommended.

Step 1. Visit [ucat.edu.au](http://ucat.edu.au) website and familiarise yourself with the UCAT format. Attempt the free trial tests via the official UCAT website (UCAT.EDU.AU)

Step 2. Consider purchasing 1 or 2 UCAT preparation books. You may consider purchasing an interview preparation book as it is another important step of the admission process.

Step 3. Spend around an hour per week to go through few questions, techniques, and some interview questions. The frequency and time spent preparing will have to increase in Year 11.

## I am in YEAR 11

Year 11 is a very important time to get most of your UCAT preparation underway.

Step 1. Visit [ucat.edu.au](http://ucat.edu.au) website and familiarise yourself with the UCAT format. Attempt the free trial tests via the official UCAT website (UCAT.EDU.AU)

Step 2. In the early stages of YEAR 11, you can start by getting a preparation book and work on your foundation skills in tackling the questions. However, approximately by August, you need to start actively practicing UCAT questions for about 2 hours per week.

Step 3. The secret to successful UCAT preparation is consistency over a longer period of time over frequency in short bursts. Hence, you should avoid leaving your work for weekends and school holidays.

Step 4. Highly recommended - attend preparation workshops. The workshops are great for gaining better knowledge of the test, acquiring relevant UCAT strategies, and learning about the medical admission process in more detail. As part of this workshop you will also attempt a full trial paper.

## I am in YEAR 12

You need to act fast. Take your preparation very serious. Register for the UCAT!

Step 1. Visit [ucat.edu.au](http://ucat.edu.au) website and familiarise yourself with the UCAT format. Attempt the free trial tests via the official UCAT website (UCAT.EDU.AU)

Step 2. Sign up for online course and start preparing immediately. The frequency of preparation will depend on your individual performance. Some may need to spend an hour per week, and another may require 2-3 hours per week. If you think that tuition might help, then find a qualified tutor early.

Step 3. REMEMBER - The secret to successful UCAT preparation is consistency in practice over a longer period of time over frequency in short bursts. Hence, you should avoid leaving your work for weekends and holidays.

Step 4. Highly recommended - attend workshops. It is also imperative to start seriously preparing for the interviews, and not leaving this for the last minute.