



Mental Health during the Transition from Primary to Secondary School

Is your child currently in **Year 6**?

If **yes**, would you be interested in helping us with our research?

The transition from primary to secondary school can be stressful for students, particularly if they face additional challenges (such as reading difficulties). This transition also coincides with a time of increased risk for mental health problems such as anxiety and depression.

Aim of the study: We hope to recruit current Year 6 students and their parents and survey them once a year (for up to three years) to better understand risk and protective factors for mental health during the transition to high school. While the main aim of the research is to understand how children with dyslexia navigate the transition from primary to secondary school, recruiting children without a dyslexia diagnosis to act as a comparison group is important. Additionally, this provides a valuable opportunity for a broader understanding of risk and protective factors associated with child mental health during the transition to secondary school.

Who are we? We are a team of researchers from Curtin University who are motivated to use our research experience to facilitate positive mental health for children with and without language and literacy difficulties.

What's involved? Children will **complete a 45 to 60-minute online survey about their social and emotional wellbeing as well as a short reading assessment**. A member of the research team will sit with your child to assist them with the survey.



Whilst your child is completing their survey, **you (the parent) will complete a 45-minute online survey** about parental mental health, child social and emotional health, and academic experiences.

As a thank you, each child will **receive a gift voucher** after each yearly assessment.

Interested? **Scan the QR code below** to register your interest and a member of the team will be in touch shortly. You can also **find us on Facebook** at **facebook.com/ChildMentalHealthResearch**

If you have any questions, please contact Project Lead, Associate Professor Mark Boyes (details below).

Thank you!

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