

# envisage<sup>f</sup>

## Families Program

### Fully Funded Program

**ENVISAGE stands for Enabling Visions and Growing Expectations.**

ENVISAGE is a program, available free for families to access, which was designed to create a supportive community for parents of children with developmental concerns or disabilities.

Our mission is to offer a compassionate space where you can learn, grow, and find resources to thrive. Together, we aim to build an empowered community of parents, caregivers, and families.

ENVISAGE aims to empower caregivers to take a strengths-based, future focused approach to their child and family.



In collaboration with:








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Department of Social Services - [www.dss.gov.au](http://www.dss.gov.au)

## ENVISAGE Families Program

Contact us:

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-  [@envisage.community](https://www.instagram.com/envisage.community)
-  [/envisage-families](https://www.linkedin.com/company/envisage-families)
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## ENVISAGE First Peoples Program

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## Empowering Families



# ENVISAGE

## Families Program

Our ENVISAGE Families program is designed to empower you with knowledge, tools, and resources. Plus, we connect you with other caregivers who understand what you're going through.

ENVISAGE offers 5 integrated workshops that you can participate in, online or in person.

The 5 workshops are:

**Workshop 1 - What is health and wellbeing in early childhood and family development?**

**Workshop 2 - Child, Sibling & Family Development**

**Workshop 3 - Parenting is a Dance Led By The Children**

**Workshop 4 - Looking After Myself So I Can Look After My Family**

**Workshop 5 - Communication, Collaboration and Connection**



By joining a program led by a service provider and a parent peer with lived experience you will have the opportunity to share stories, exchange insights, and discover helpful strategies. You will also gain access to our online resources for information and tools to navigate the challenges of raising a child with developmental concerns or disabilities.

ENVISAGE is a place for connection, where you can interact with families who share similar experiences.

# ENVISAGE

## First Peoples Program

We have co created this program with mob that have lived experience to better understand strengths-based approaches to parenting and childhood development.

This program aims to create a safe space where culture, community and identity are acknowledged and valued across the four weekly yarning circles. The yarning circles are relevant, meaningful and culturally safe and you will be given tools and resources to feel connected, supported and confident when making decisions about your child and your family.

**Yarning Circle 1 - Solid & Deadly Families**

**Yarning Circle 2 - Family Matters - Connecting and Belonging**

**Yarning Circle 3 - Leading & Learning Together**

**Yarning Circle 4 - Looking After Ourselves - Our Way**

**Yarning Circle 5 - Strong Communities. Strong Culture. Stronger Children**