



SEASONS FOR GROWTH 2017

A program to help children adjust and learn ways of coping with loss and grief or other significant changes in their lives

What is Seasons for Growth all about?

Seasons aims to assist the wellbeing of children and young people who have experienced the death of a loved one, separation or divorce or other significant loss or changes.

How will Seasons help?

Seasons helps children and young people adjust to change and loss, in a friendly and confidential atmosphere.

Seasons helps children:

- Feel special, become more confident and build self-esteem
- Have the chance to understand their feelings
- Meet others who may have had similar experiences
- Have a say and learn new ways to think and respond to their experience

How Does Seasons for Growth Work?

Seasons is a structured eight week program taking place in small groups. There is opportunity for time to talk and listen, as well as take part in activities around the weekly theme using drawing, music, art, journaling, role-plays and stories. Each weekly session lasts 40-50 minutes and takes place during school at a time suitable for both teacher and class.

When will Seasons start?

Seasons will commence in Term 3, week 2.

What is the Cost?

There is no cost for the Seasons Program. It is offered as part of the Pastoral Care Program at Infant Jesus School.

How can my Son or Daughter take part in Seasons?

If you think your son or daughter may benefit from the program I would encourage you to talk about it with them. Should they wish to participate please email myself on penny.storey@cewa.edu.au or complete the tear off slip and return it to your child’s teacher, the office or myself by **Friday July 21**. I would be happy to hear from you if you have any queries.

Penny Storey
Social Worker
Seasons for Growth Coordinator
penny.storey@cewa.edu.au
92761769(Tues&Thurs)

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Seasons for Growth Program 2017 Participation Consent Form

I _____(Parent’s/Carer’s full name) give my consent for my son /Daughter

_____Class:_____to attend the Seasons for Growth Program. I have discussed this with him / her.

Child’s signature:
signature

Parent / Guardian