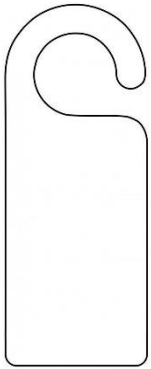


SEL NEWS

The students in SEL have covered various activities. Foundation students are concentrating on how to play nicely with others and how to deal with problems amongst their friends. In class they are playing more complicated games with coaching on how to be a cooperative player.

Grade 1 and 2 students have played 'Cat in the Hat' games on their laptops with a partner and work out how to give each other fair time and take turns so each person enjoyed the session. Discussions revolved around how to start and whether their partner avoided the temptation to keep playing, and not giving their partner a fair go.



During SEL discussions with grade 3 and 4 students they revealed their frustration of dealing with their siblings at home, so we discussed various ways to improve the different situations and I introduced a laminated door hanger. With parent's approval and commitment, the students have conveyed their willingness to try this door hanger at home to improve their emotions and relationship with their family. Please listen to your children when they bring them home and help the door hanger improve your family relationships.

Our senior students have made 'dream catchers' which can be hung somewhere in the house. The dream catcher originated from native Americans. It symbolises good luck as it allows good things to slip through the web and nightmares/bad things get caught in the beads. Our lessons have revolved around the many ways we can reduce big emotions.



This will also be practised in term 3 when they will have to overcome different emotions by the challenge of climbing an 8 metre rock climbing wall at school. Overcoming anxiousness, challenging themselves, dealing with disappointment, encouraging others, complimenting achievements of others, working as a team are some of the social and emotional elements of this 'enjoyable' activity that the grade 2 to 6 students will be involved in.