



TUNING IN TO KIDS

Emotionally Intelligent Parenting

A six-session program for parents of children aged 4-10 years.

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset
- tend to have fewer childhood illnesses.

Emotional intelligence may be a better predictor of academic and career success than IQ!

Where:

Wellington Hub Child and Family Centre
55 Shaftsbury Drive, Mulgrave

When:

10am – 12pm
Every Thursday from
2 May to 6 June 2024

Register:

 FamilyServices@monash.vic.gov.au