

## Alcohol & Vaping Education Student Presentation



**Xavier Diaz**  
Degree in Social Science  
majoring in Psychology  
and Marketing

Through Warner Youth Education, Xavier has been providing social education throughout Australia for years. Energetic and humorous, he is an active leader of various youth groups and is passionate about his mentoring role.

Working together on the healthy development of your child.

Your teen will be participating in an informative and interactive presentation on the associated risks and harm from drinking alcohol and vaping.

Experimentation can be common among teens but its not safe or legal. The presentation will equip students with knowledge and strategies to socialise without negative consequences.

Information covered in the session includes:

- The consequences of alcohol and vaping on teenagers from social, physical and emotional perspectives
- How alcohol affects the teenage brain
- Peer and social influences
- The law, facts and myths of alcohol and vaping
- Taking care of themselves and their friends
- Recognising medical emergencies and when to call 000
- Strategies, ideas options and preventative techniques for situations involving alcohol and vaping



### Download an App

Free apps for smartphones can be downloaded to a phone to help further understand the impact of alcohol on the brain and vaping, or to assist with controlling and managing drinking and vaping behaviour. Search “alcohol and your brain” and “escape the vape” in your app store to consider these various support options.

### For Parents

Effective communication between parents and teenagers about the use of alcohol and vaping is important. Your support and involvement will contribute to your teenager’s understanding and attitudes towards vaping and the responsible use of alcohol

Knowing your responsibilities around alcohol/vaping and your teen is equally important

Websites are packed with useful drug, vaping and alcohol information for parents:

Department of Health Drug Help

Australian Institute of Health and Welfare

Alcohol & Drug Foundation