Neurodiversity Celebration Week

In partnership with

Lexxic
Empowering Neurodiversity

Celebrating our unique strengths and differences

March 16 - 20, 2026

www.neurodiversityweek.com

What is Neurodiversity Celebration Week About?

- Neurodiversity Celebration Week is about celebrating the strengths and talents of people who think and learn differently.
- It is also about recognising hard work and determination.
- Neurodiversity Celebration Week is one way of reminding everyone of the importance of being kind and accepting of everyone.

What is Neurodiversity?

Video credit: Dr Tamara Glen Soles, PhD

Neurodiversity Celebration Week

What are you good at?

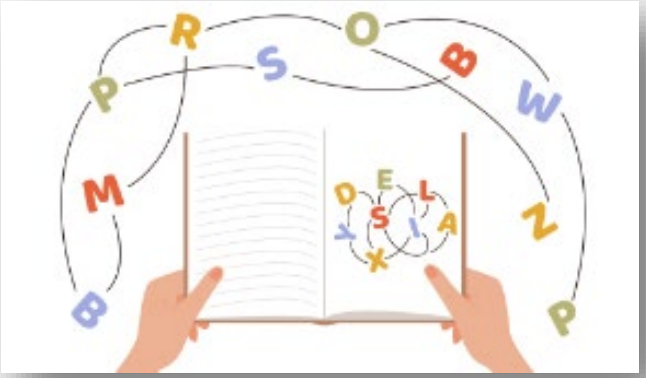
- Differences in the way our brains are wired means that you may find some things challenging that others find easy.

- You may also find things easy that other people find challenging.

What are you really good at?

What do you find difficult?

Dyslexia



Often great at talking, solving problems and being creative

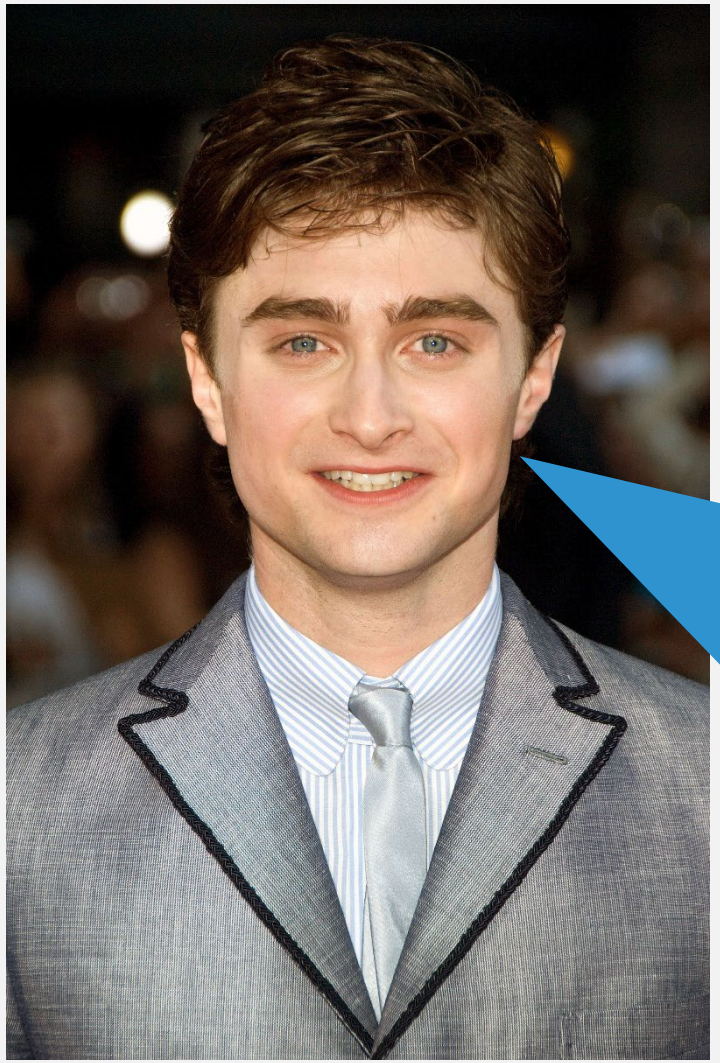
May find reading, writing and memory tricky

Maggie Aderin-Pocock, Space Scientist

Dyspraxia

Often great at having original ideas, solving problems and being determined

May find coordination and movement tricky

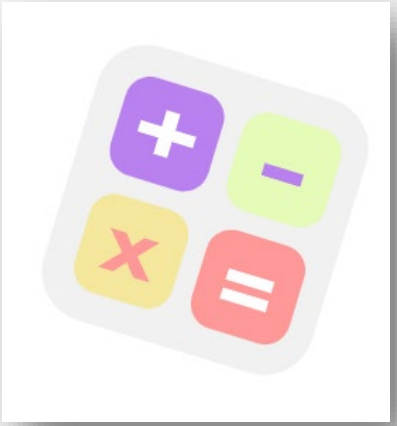


"Do not let it stop you. It has never held me back, and some of the smartest people I know are people who have learning disabilities.

The fact that some things are more of a struggle will only make you more determined, harder working and more imaginative in the solutions you find to problems."

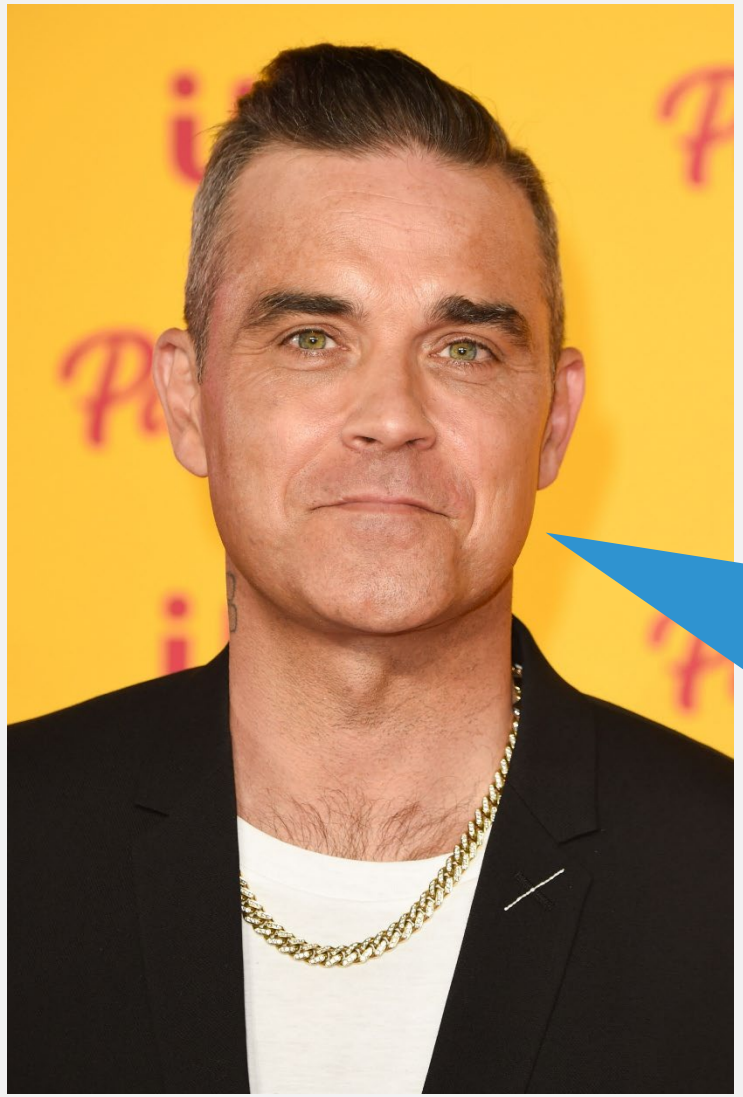
Daniel Radcliffe, Actor

Dyscalculia



Often great at solving problems and thinking big thoughts

May find maths tricky

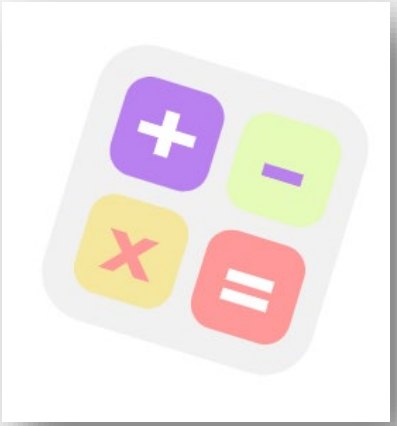


"You are astonishing, you just don't know it yet.

I'm surrounded by incredibly successful people and most of them are like you and I."

Robbie Williams, Singer

ADHD



Often great at talking, being creative, energetic, and enthusiastic.

May have a very busy mind and find it tricky to concentrate and sit still.

"I call it Attention Deficit Hyperactivity Delightfulness.

I want kids to know that there's nothing wrong with you. You just think differently, and that's a good thing. This world needs people who think differently"

David Piley, Author of Captain Underpants

Autism

Often great at remembering things, solving problems, knowing lots and being honest

May have a different way of communicating and understanding the world. May be sensitive to noise, bright lights and smells

"A lot of people with autism have a special interest that they can sit and do for an eternity without getting bored…

It's a very useful thing sometimes…

it can be something you can use for good. And I think that I'm doing that now."

Greta Thunberg, Climate Activist

Tourette’s Syndrome

Often great at being empathetic, creative and achieving a lot.

Can make sudden, repeated movements and sounds called “tics”

Recognising and Celebrating Strengths and Talents

- Neurodiversity Celebration Week reminds us that whatever our differences and challenges, everyone also has their own talents.

- Many people who have ADHD, autism, dyslexia, dyspraxia or Tourette Syndrome and experienced challenges in school, are now very successful.

- Many say their success is because of their unique way of thinking.

What Can You Do To Help?

- Don’t tease or make fun of anyone in your class who is different or who is finding something difficult.
- Instead, be kind, understanding and encouraging.
- Never forget that you have the power to make a positive difference to someone who may be having a difficult time.

Make someone’s day by being understanding and kind.

It is fantastic that people think in different ways – it makes life more interesting!

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