SchoolTV

A FREE WEBINAR

Understanding Anxiety and Depression to Foster Resilience

PART I

Supporting Primary & Secondary students

This webinar is **Part I of a series.**

In this session, topics include:

- **Understanding Anxiety and Depression**
- **Recognising Early Signs**
- **Supporting Neurodivergent Children**

Online, Wednesday
18 March, 2026
7.30 pm

Dr Emma Woodward

Emma is recognised for her work as a child psychologist and TEDx speaker, keynote presenter, trainer and facilitator. She is also a regular SchoolTV presenter.

Dr Joe Stammeijer

A specialist in forensic psychiatry and a lecturer in medical education focusing on innovative practice and professional leadership. Joe is also a contributor to SchoolTV.

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