Newsletter

# OSHClub

#### What we've been up to...

We've had so much fun over the past two weeks as we've established our brand new after school clubs for term four! Within these clubs our weekly goals of focus have centred around develop peer relationships as students transition to onsite learning. Check out what we've been up to below!

#### Habitat Heroes Club

Extending upon our sustainability program from term three, we have been caring for our brand-new seedlings. Thank you to Lidia and her family in prep for looking after our seedlings over the holidays; they are starting to grow so big thanks to your care and love! As we watch the seedlings grow, the children are developing their awareness of how our environment changes and the importance of caring for it.



"I learnt that some beans can be purple"- Lidia, Grade two

#### Mini MasterChef Club

Over the past two weeks, the children have been busy cooking up a storm in the OSHClub kitchens! Using Lidia's family recipe, Paras had a wonderful time exploring his skills related to measurement and capacity as he baked some delicious Halloween inspired yo-yo biscuits.





"I loved cutting the

Paras, Grade one

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cookie dough"-

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# Ninja Warriors Club

The children have loved testing their martial arts skills in our brandnew Ninja Warriors Club. Recently, we have been building our ninja warrior fitness as we participated in time trials Including running, skipping and obstacle courses. congratulations Iris who beat her personal best in the time trial challenge!





"I loved the ninja warrior club, I want to race again!"- Iris, Grade Two.

### **Family Tree**

Recently at OSHC, we've been working on the creation of our OSHClub family tree. Charlie In Grade 1 has helped to paint the sign for this area and has been the first family to join our tree. We hope to use this space as an area to celebrate the different cultures and families that make up the OSHC community at St James.

If you currently attend OSHC, we would greatly appreciate If you could send through a family photo so that we can build our tree.



#### **Iris' Strawberry Cookies**

Ingredients Brown sugar Melted chocolate Flour Coconut Pink food dye Milk Sprinkles

#### Method

- 1. Preheat oven to 180<sup>®</sup> fan forced.
- 2. Mix all ingredients together in a bowl.
- 3. Using your hands, form the mixture into balls.
- 4. Cook for 15 minutes.
- 5. Enjoy!

Iris decided she'd to create her own recipe using things she found around our kitchen and the educators were pleasantly surprised by what she made. Great work Iris!

Strawberry cookie 1. brown sugar 2. melted chocodate 3. flower/flour 4. COCOMMOU+ 5. Pink food die O 6. milk Sprinkles ingredients

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28th October 2021

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# What's coming up at OSHC...

Monday 1 <sup>st</sup> November	Tuesday 2 <sup>nd</sup>	Wednesday 3 <sup>rd</sup>	Thursday 4 <sup>th</sup>	Friday 5 <sup>th</sup>
Service Closed-	Service Closed-	Mini	Ninja Warrior's	Fast and
Pupil Free Day.	Public Holiday	MasterChef:	Club:	Furious Club:
		Charlie's Choc	Ultimate nerf	Basketball
		Chip Cookies	battle	workshop
Monday 8 <sup>th</sup>	Tuesday 9 <sup>th</sup>	Wednesday 10 <sup>th</sup>	Thursday 11 <sup>th</sup>	Friday 12 <sup>th</sup>
Kids on	Habitat	Mini	Ninja Warrior's	Fast and
Wheels:	Heroes:	MasterChef:	Club:	Furious Club:
Let's learn	Care for our	Lidia's Pasta	Create and	Basketball
how to be safe	new vegetable	Sauce	test our own	workshop
on our bikes	garden		ninja obstacle	
			courses	

#### Menu

A platter of fresh fruit and vegetables are always served with our menu specials.

Monday 1 <sup>st</sup> November	Tuesday 2 <sup>nd</sup>	Wednesday 3 <sup>rd</sup>	Thursday 4 <sup>th</sup>	Friday 5 <sup>th</sup>
Service Closed- Pupil Free Day.	Service Closed- Public Holiday	Breakfast: Boiled eggs with soldiers Afternoon snack: Frozen yoghurt pops	<b>Breakfast:</b> Pancakes <b>Afternoon</b> <b>snack:</b> Rice paper rolls	<b>Breakfast:</b> Egg and bacon muffins <b>Afternoon snack:</b> DIY Pizzas
Monday 8 <sup>th</sup>	Tuesday 9 <sup>th</sup>	Wednesday 10 <sup>th</sup>	Thursday 11 <sup>th</sup>	Friday 12 <sup>th</sup>
Breakfast: Porridge and fruit Afternoon snack: Sushi bowls	Breakfast: Waffles Afternoon snack: DIY wraps	Breakfast: Smoothies Afternoon snack: Chicken alfredo fettucine	Breakfast: Zucchini slice Afternoon snack: Fried rice with spring rolls	Breakfast: Cheese and tomato croissants Afternoon snack: Chicken noodles and 'nuggets'

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# Spotlight on the Community: Supporting Children to Return to School

This week we are sharing information from Relationships Australia regarding support for families as children transition back to school post lockdown.

#### Below is some information from Relationships Australia:

"The COVID-19 pandemic has caused stress and anxiety across the globe, and continues to impact our lives. As restrictions begin to ease, there will be a need to transition back into society, and we will need to help each other to do so. For children, this will mean returning to school for face-to-face learning in the classroom. Just as the transition to learning from home took some time for children and families to get used to, so too may the adjustment back to school.

With school-aged children across New South Wales slowly returning to face-to-face learning, it's normal for them to have mixed feelings about returning to school. Children may feel anxious, scared, reluctant, excited or just overwhelmed. Their feelings may vary depending on their age and stage of development, and family situation. How children feel about returning to school may vary both between children in the same family, and it may also vary day-to-day for a particular child. It's important for you, as a parent, guardian, or someone with children in your care, to acknowledge the changes and talk with your children about returning to school."



If you'd like any extra tips and tricks for supporting your children as they return to school, Relationships Australia have developed a handy flyer **here.** 

As always, the staff here at St James OSHClub are here to support you and your family. If you'd like to discuss any concerns regarding your child's transition within OSHC, please feel free to contact us.

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# We love feedback!

As part of our commitment to ongoing quality improvement within the program, we are seeking feedback from families and communities!

This week we are focusing on Quality Area 2 of the National Quality Standard: Children's Health and Safety.

#### What are we working on?

A meaningful approach to healthy eating is promoted within our weekly menus and aligns with relevant governing guidelines (NQS 2.1.3).

#### Question:

What would you like to see the service include in our menus? (NQS 2.1.3). In relation to your child's dietary needs, what's important to you? (NQS 2.1.3).

We would love your feedback and insight. Please follow the link to provide us with some feedback in this area!



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### Pupil Free Day: Monday 1st November

On Monday the 1st of November, St Joseph's Primary School in Elsternwick will be running a full day program for families requiring care. Please note that St James OSHClub will not be running a program, however we recommend families book in for the amazing experiences at St Joseph's!

Our theme for the day will be 'Off to the Races' and we will be celebrating all things Melbourne Cup! <u>To view</u> <u>our program, please click here.</u>



We welcome all families to book in for the program in accordance with COVID restrictions lifting. To book in for this program, please log into your Kidsoft account.

The program will run from 7.00am-6.00pm at a cost of \$64 before any CCS entitlements.

### **IMPORTANT ANNOUNCEMENT:**

Please note, due to current COVID-19 restrictions, **parents, families and caregivers must check in with the QR code located at our entrance before entering the building**. When you have arrived with your child for pick up or drop off, **please ensure you are wearing a mask**.

# OSHClub Class Dojo

If you have a child who attends OSHClub, please take a moment to sign up to our Class Dojo here. Through the application parents can view how their child is behaving and also peep a view at the fun things we get up to!



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# Meet the team!

We're here to make OSHC the best experience possible. If you have any questions about the program or just want to have a chat, feel free to give us a call, meet the team and see what happens firsthand in the program. We look forward to seeing you and your family soon!

# **Enrolments**

If you'd like to book in for all the fun at OSHClub, please head to <u>www.oshclub.com.au</u> to register your child. We hope to see you soon!

From the Team at OSHClub: Laura and Kaitlyn 😳

