



## Beyond the Violence - Frankston

A free, 8-week program for women and children who have been impacted by family violence.

- Are you dealing with the after-effects of family violence?
- Does your child's anger or anxiety worry you?
- Are big feelings making family relationships difficult?
- Does your child struggle to make friends?
- Can you identify the warning signs in a new relationship?
- Do contact visits unsettle your child?
- Do you feel alone?

**DATES:** Thursdays, 12th October - 30th November

**TIME:** 4.00 pm- 6.45 pm

**WHERE:** Provided upon booking

**COST:** Free, Bookings are essential.

**All enquiries contact -**

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