



Positive Conflict Resolution

For parents / carers of teens and pre-teens

Conflict is a normal part of family life - how we handle disagreements can make a significant difference to ongoing relationships and family dynamics.

This interactive session will present practical strategies for managing emotions, finding solutions and having challenging conversations with teens and pre-teens.

When: Monday 1 May 2023

7.00pm - 9.00pm

Who: Parents and Carers

Where: **Online** - Via Zoom

Cost: Free of charge
(Bookings essential)

Registration:

<https://forms.office.com/r/2RmY9npRe7>

Queries to:

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or

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PARENTZONE