

# Topic Editions and Special Reports



SchoolTV is an expanding archive of Topic Editions and Special Reports dedicated to the mental health and wellbeing of primary and secondary students. Schools have the ability to publish content that reflects the needs of their community. Every year new content is updated and added and includes video interviews with leading specialists and a host of resources from key organisations such as fact sheets, articles, apps, books, websites, podcasts and other videos.



## Mental Health Series

- State of Youth Mental Health
- Grief & Loss
- Suicide & Self Harm
- Drug & Alcohol Use
- Youth Anxiety
- Trauma
- Depression



## Healthy Body Series

- Mindfulness
- Body Image
- Sleep
- Eating Disorders
- Diet & Nutrition
- Physical Activity and Exercise



## Cybersafety Series

- Cyberbullying
- Digital Reputation
- Internet Addiction
- Managing Screen Time
- Online Gaming
- Impact Of Gambling
- Online Pornography
- Sexting
- Cybersafety



## Positive Parenting Series

- Friendship & Belonging
- Understanding Adolescence
- Raising Girls
- Raising Boys
- Blended Families
- Resilience
- Positive Parenting
- Sibling Relationships
- Respectful Relationships



## School Survival Series

- School Refusal
- School Transitions
- Surviving Final Year
- Exam Jitters
- Bullying
- Confidence & Motivation



## Diversity & Inclusion Series

- Cultural Diversity
- Neurodiversity
- Gender Diversity

## Special Reports

- Vaping & E-Cigarettes
- Starting Year 7
- Wellbeing Barometer
- Healthy Study Habits
- Trauma Recovery
- Celebrating NAIDOC
- Managing Overwhelm
- Eating Anxiety
- Dealing with Disappointment
- Cost of Living Crisis
- Navigating AI Relationships
- Discussing War & Conflict
- Final Year Exam Stress
- Parenting Styles