

youth advisory group

Applications now open!

Are you aged 12 to 25 and passionate about:

- supporting young people's mental health, physical and general health?
- helping with youth issues?
- contributing to your community?

headspace Wonthaggi is inviting young people in the South Gippsland and Bass Coast areas to apply to join our Youth Advisory Group (YAG). This group provides the unique opportunity for you – young people, to have your voice heard on a range of issues impacting young people in your local community.

Join our YAG to:

- influence youth health services at both a local and national level
- develop new skills
- connect and work with other young people who are passionate about youth mental health
- make a real difference in your local community.

There are a number of roles you can play in a local YAG, including:

- leading or supporting local youth projects and activities
- providing peer support and mentoring
- providing input into website design and the development of resources such as fact sheets, flyers, brochures and radio ads
- · acting as a media spokesperson.

headspace will provide some training to support you to participate in these activities.

how do I get involved?

To apply and find out more, contact Kris, our Community Engagement Officer.

Call 5671 5900

Email info@headspacewonthaggi.org.au

Website headspace.org.au/Wonthaggi

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