

Tuning into Kids

Emotionally Intelligent Parenting A 6 week parenting program

Would you like to learn how to:

- connect more with your child?
- help your child learn to manage their emotions?

Tuning into Kids shows you how to help your child develop emotional intelligence

Children with higher emotional intelligence:

- have greater success with friendships and relationships
- can focus better at school
- are more able to calm down when upset or angry



**Term 3
2025**

WHO: For parents/caregivers with children aged 4-10, with lived experience of homelessness and/or family violence

WHERE: Betty Day Community Centre
67 Argyle Street St Kilda 3182

WHEN: Every Tuesday for 6 weeks - 11:00am-1:00pm
13th August - 9th September

Transport and child minding provided if needed.

To Register, or for any questions

Please contact your Worker or Hannah from the Children's Team on 0427 785 267