

LETSS

Lived Experience Telephone
Support Service



Links to Wellbeing
Local responses to community need

1800 013 755

Organising a Wellbeing Check

Please either:

Leave a voice/text message on 0408 293 767

Or

Send an email to letss@skylight.org.au

All we require is the client's **first name, phone number** and
confirmation of consent (verbal)

We will call the client between the hours of 4pm and 11.30pm
the following day.