

Sometimes feel like a square peg in a round hole?

Do your worries get in the way of doing the things you'd like to?

Would you like to be more confident and explore your direction in life?

Mankind is a fun, experience-based program for young men aged 14-16 years of age. The program aims to help participants develop coping skills, enhance self-esteem and confidence, as well as connect with activities that they enjoy.

Places fill quickly so please RSVP with one of the facilitators:

Julie Ritchie: Ph 88783807 or jritchie@each.com.au

Sean Rayner: Ph 98906833 or srayner@each.com.au

Who 14-16 year olds young men

Where EACH

14 Silver Grove Nunawading, 3131

When 6 Thursdays 12/05/16 -16/06/16

Time 9:30am - 2:30pm

*May vary depending on

activity

Cost Free

Please note: only one child is accepted into the program from each school.

Follow up session to be scheduled 6 weeks after last session.

each

social and community health

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