

## HUME CITY COUNCIL POSITIVE RELATIONSHIPS, RESILIENT FAMILIES

Learn how you can build positive relationships with young people in practical workshops designed for parents/carers of 12 - 24 year olds.

All sessions are free to attend, but bookings are essential:

Cyber Safety: Understanding and managing your child's technology use	
Wed 14 Nov 2018, 6.30pm – 8pm	Sunbury Library & Youth Centre, 51-53 Evans Street, Sunbury
Thu 21 Mar 2019, 6.30pm – 8pm	Youth Central, 37 Pearcedale Parade, Broadmeadows
Raising Resilient Teens: How to talk to and build resilience with your teenager	
Wed 21 Nov 2018, 6.30pm – 8pm	Sunbury Library & Youth Centre, 51-53 Evans Street, Sunbury
Tue 9 Apr 2019, 11am – 12.30pm	Youth Central, 37 Pearcedale Parade, Broadmeadows
Wishing Away Worries: Understand age appropriate worries and how to support	
Tue 27 Nov 2018, 6.30pm – 8pm	Craigieburn Library, 75-95 Central Park Avenue, Craigieburn
Thu 28 Mar 2019, 8pm – 9.30pm	Broadmeadows Library, 1093 Pascoe Vale Road, Broadmeadows

Light refreshments provided. Please advise of any food allergies or special dietary requirements when booking.



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