

## **Affordable Psychological Support for Adults and Children**

FedCare Psychology Services provides psychological services to members of community within Ballarat and surrounding districts. Our first consultation is free, ongoing sessions are \$10 per session or \$5 for concession card holders. You do not need a GP referral to access our services.

Psychological services will be provided by provisionally registered psychologists, who are currently undertaking advanced training in the Master of Psychology (Clinical) and the Master of Professional Psychology programs. All services provided are closely supervised by a team of highly-experienced registered psychologists, all of whom hold both endorsement in clinical psychology and registration as clinical supervisors with the Psychology Board of Australia in APHRA.

We offer a range of psychological services for children (5 years and older), adolescents, adults, including psychological and educational assessment, and the psychological treatment of various behavioural and emotional problems, such as:

- Depression
- Anxiety and phobias
- Anger management
- Trauma and grief
- Eating-body image problems
- Sleep disturbances
- Bullying
- Stress
- Grief and loss
- Relationship difficulties
- Sexual issues
- Parent-child conflict
- Bed-wetting and toileting problems
- Adjustment problems

We currently have appointments available for adults and adolescents and short waitlist for children. Our waitlist for cognitive and educational assessments is open for the second half of 2025.

If you would like to see one of our Provisional Psychologists, you can contact us:

**Phone:** (03) 5327 8483

**Email:** [psychology.services@federation.edu.au](mailto:psychology.services@federation.edu.au)

### **FedCare Psychology Services**

Suite 4, Greenhill Enterprise Centre (GEC)

Mt Helen Campus, Tech Park

University Drive, Mount Helen