

Committee Members Needed!

About US

Let's Talk Onkaparinga is a suicide prevention network run by volunteers in the City of Onkaparinga.

We have monthly meetings to plan and action ideas. These are held on the third Monday of each month at Hackham Community Centre, Collins Parade, Hackham at 7pm.

About YOU

Are you passionate about Mental & Physical Wellbeing and Suicide Prevention in our Community?

Do you have your own lived experience?

The Role

We seek community members to help start lifesaving conversations and break down the stigma associated with mental illness and suicide.

We need volunteers who will participate in community events, handing out information and connecting with community.

We hope to provide education, training and resources to people who have suicidal thoughts or who support a person with suicidal thoughts.



Please email letstalkonkaparinga@gmail.com or phone Chairperson Michelle on 0438 060 650

