

'Revolutionise your body from the inside out'

Don't miss this rare opportunity to listen to Dr Michael Mosley live and for free! Click here to register.

Revolutionise your body from the inside out this Men's Health Week at a special online event, where internationally acclaimed author Michael Mosley will provide motivating insights into the connection between a healthy gut and healthy mind, and so much more.

For more information, contact communityevents@boroondara.vic.gov.au or call 9278 4326. This event will be delivered online via WebEx.















