

# BRINGING UP GREAT KIDS

Thursday 8th November 10:00 am - 12:00 pm  
Thursday 15th November at the Hackham West  
Thursday 22nd November Community Centre

A highly recognised interactive program for parents of young children, to help us raise happy and confident children.

Topics covered include:

Mindful Parenting

Understanding Children's  
Development & Behaviour

Building Strong Positive  
Relationships

Parents' Self Care Practices



Facilitated by Rose Boswell (BA, Dip. Ed; B.Soc.Sc)  
of Uniting Communities

Morning Tea provided and free Crèche is available.  
Bookings are essential

**Contact Hackham West Community Centre on 8384 1065 for  
more information and to book your place in this program.**

**Our  
community  
centre.  
The heart  
of HackhamWest.**

Hackham West Community Centre  
44 Glynville Drive  
Hackham West, SA 5163  
Ph: (08) 8384 1065

SUPPORTED BY  
**CITY OF  
ONKAPARINGA**

**UNITING  
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