



SAFETY

At St. Finbar's our 3 school values are:

Respectful - Safe - Resilient

We are expected to demonstrate these values at all times.



At our school, everyone has the right to feel safe.

Safety means - being protected from or unlikely to cause danger, risk, or injury.

Sometimes we feel happy and safe—like when we're playing with friends or learning in class.

But sometimes, something might happen that makes us feel **unsafe..**

Think about who your safe adult is—someone you trust who listens to you, helps you solve problems, and keeps you safe.



Who Are My Safe Adults?

Some people might include...



Teachers



Ms Hill, Mr Mills or Ms Zeeng



My Parents or carers

Other Family members

My Year $\frac{5}{6}$ Buddy

A safe adult listens to me, helps me, and makes sure I'm not in danger.

Can you list your 5 safe adults?



Being Safe in the Classroom

In class, I keep myself safe by:

- Following instructions
- Using equipment properly
- Asking for help if I don't understand or feel unsure

If someone is being unkind, hurting me, or doing something wrong, I must tell my teacher or another adult straight away.



Being Safe Outside on the Yard

At snack and lunch, I keep myself safe by:

- Play by the rules
- Including others kindly
- Keeping my hands, feet and objects to myself



If someone is playing too rough, making me feel uncomfortable, or I see someone else hurt, I go to a yard duty teacher and tell them what happened.

The teachers on duty at St. Finbar's wear an orange or pink hi-vis vest.



Being Safe Online

Online safety means:

- Only using school approved websites at school and family approved websites at home.
- Never sharing my full name, address, school, or photos
- Telling a teacher or adult if I see something upsetting or confusing

If I get a message or picture that makes me feel worried, I don't reply. I tell an adult straight away.



Being Safe on School Visits and Excursions

When we leave the school, I stay safe by:

- Staying with my group and teacher
- Listening carefully to instructions
- Not talking to strangers or wandering off
- Always keeping my teacher in eye sight

If I get separated or feel unsure, I look for my teacher or another safe adult straight away.

How Might I Feel If I'm Unsafe?

I might feel:

- Worried 🙄
- Scared 😨
- Angry 😡
- Confused 😞
- Sick or unwell 🤢🤒
- Like I want to hide or run away 🏃

That's my body's way of telling me: "Something doesn't feel right."



What Happens When I Tell an Adult?

Telling a safe adult is not **dobbing** or **snitching** – it's being brave and doing the right thing.

Safe adults:

- Listen to me
- Take what I say seriously
- Help make sure I'm okay and feel safe again



At our school, everyone has the right to feel safe.

Remember

- You have the right to feel safe at all times.
- If something doesn't feel right— tell someone.
- It's always okay to ask for help.