# Killester College Stability of Learning



# **Top 10 Tips for Students**



### 1. Routine

Set up a routine, including healthy eating and sleeping habits. Maintaining good wellbeing practices is important.



## 2. Organise

Organise times for learning and identify a quiet space in your home, so you can work effectively & quietly.



# 3. Charge Up

Keep your laptop charged and connected to the internet. Make sure you bring your laptop and charger home from school every day. Take any other essential learning resources home as well. Please see Ms Buick if you don't have internet access at home.



### 4. Access

Check that you can access online learning platforms and resources that are used in your classes. These may include; SEQTA, Google Applications (Drive, Docs, Sheets, Slides, Forms, Sites) Google Classrooms, Stile, Education Perfect and online textbooks.



### 5. Balance

Balance online learning with other learning activities such as reading and completing written tasks.



### 6. Communication

Maintain regular contact with your teacher and check online communication regularly. Teachers may not be able to respond immediately, but they will endeavour to get back to you soon.



# 7. Support

Keep in contact with friends and peers. You can communicate and support each other with learning.



### 8. Check

Check SEQTA and/or Google Folders for your learning tasks for the week.



# 9. Healthy Habits

Remember, although you are not at school, regular ICT protocols hold. This relates to healthy habits with regards to social media, online behaviour etc.



