



HEAD OF YEAR 10 Newsletter

Mikaela McGreevy

Dear Parents and Carers,

As we approach the final weeks of Term 4, I want to thank you for your ongoing support throughout the year. With just three weeks to go, this is a crucial time for our Year 10 students as they complete final assessments and prepare for a well-earned break.

CONNECT PROGRAM – TERM 4

Thinking Big in Term 4

And our students rose to the challenge! Through leadership opportunities on camp and work experience, creative projects and future-focused conversations, they've not only envisioned who they want to become, but also taken meaningful steps towards their future. Year 10s have shown us what it means to embrace a mindset of vision and purpose.

We are incredibly proud of all their achievements this year and grateful for the support from you who have walked alongside them.



PROJECT ROCKIT

Follow up from our Project Rockit session with the students earlier in the term, we have been sent a link for you to access on an upcoming webinar presented by Project Rockit.

Digital Futures Community Connection Webinar: Young People & The Algorithm

Date & Time: 18th November at 6pm via Zoom

Registration Link: [Webinar Registration Project Rockit](#)

"Come along and hear research presented by PROJECT ROCKIT CEO, Lucy Thomas about the way young people engage and think about the algorithm. This technology underlies many aspects of our children's screen use and game time. This session will provide you with insight and some practical ideas about how you can discuss and support your child with the way the algorithm can impact on their lives."



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ASSESSMENT

The Year 10 exam block is fast approaching. The coming weeks are an opportunity for your child to consolidate their learning and demonstrate their understanding across subjects. Many subjects will also have assignment dues in the coming weeks.

You can support your child by:

- Encouraging a consistent study routine
- Helping them manage their time and avoid last-minute cramming
- Ensuring they get adequate sleep
- Checking in on their stress levels and wellbeing
- Create a checklist of remaining tasks
- Encouraging them to seek feedback from their teachers

If your child is feeling overwhelmed, please remind them that we have support services here at school in which they can access. Students can book an appointment on the Student Sharepoint Site.

- Wellbeing Hub #2 – Guidance Officer, GP, Chaplain and Defence Mentor
- Connect Teachers, Head of Year and Deputy Principal

2025/2026 HOLIDAY BREAK

After a busy year, the holidays are a vital time for students to rest, recharge and reset. A balanced break helps them return in the new year refreshed and ready to engage.

Downtime matters because:

- It supports mental recovery and emotional wellbeing
- It allows time for family connection, creativity and fun
- It helps students reflect on the year and set intentions for the future

Over the holidays encourage time outdoors, screen-free activities, support hobbies/creative interests and exercise. It is important that our students allow space to rest from the pressure of an academic school year.

If you have any questions or concerns, please don't hesitate to reach out. I wish you and your family a safe, restful and joyful holiday season.

Kind Regards,
Mikaela McGreevy