

RESPOND

Reflexive Evidence and Systems interventions to Prevent
Obesity and Non-communicable Disease

The RESPOND project is an NHMRC funded initiative co-led by local communities and Deakin University.

RESPOND is all about a shared community response to healthy children.

AIMS

1. Empower community led actions to improve the health of children.
2. Evaluate the impact of community led actions.



Systems Thinking

The RESPOND project is based on a systems thinking model which acknowledges that things that contribute to our health are often interconnected and occur at the same time.

Systems thinking processes assist communities to identify all the different things that contribute to poor health and consider actions that will lead to healthier communities.

The RESPOND project relies on the insights of the community to identify causes and what they would like to do to improve health outcomes for our children.

If you have a passion for children's health and would like to be involved in community workshops contact GV Primary Care Partnership, 58233217 or Matilda at Prevention@gvpcp.org.au

WE INVITE YOU TO THE NEXT COMMUNITY WORKSHOP



WEDNESDAY 19th SEPTEMBER 12-4pm

The Cabaret Room 223 High St, Shepparton (back of the GV Hotel)

If have a passion for children's health and would like to be involved please call Matilda on 58233217

RESPOND Process



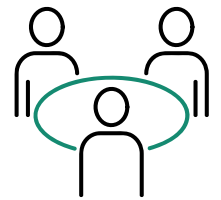
COMMUNITY WORKSHOPS

Community Leaders

- Diverse mix of leaders map things that contribute to children's health locally.

Community Champions

- Large sample of people from the community contribute to map.



ACTION



- Community agree on actions to improve the health of children locally and form working groups.



Primary Schools

- Physical activity
- Dietary intake
- Sleep behaviours
- Wellbeing
- Height & weight

MONITORING

Community



- Social networks
- Community capacity (readiness, engagement)
- System maps tracked
- Case studies

MOMENTUM

- Maintain engagement, commitment and continue to expand on actions for long term change across Shepparton.

