

Available Monday, Wednesday, Thursday and Friday! (Check Website for days available at your school)

Order until 8:30am on the day!

2 Course Lunch Pack from \$6.45

Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack.

Main Course Menu	2 Course	3 Course
SUSHI HAND ROLLS (2pc) Soy Sauce (GF) Provided	Lunch	Lunch
Teriyaki Chicken Hand Rolls (H)	\$11.50	\$13.75
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$11.50	\$13.75
Cooked Tuna Hand Rolls (GF)	\$11.50	\$13.75
Avocado Hand Rolls (GF, Vg)	\$11.50	\$13.75
Cucumber Hand Rolls (GF, Vg)	\$11.50	\$13.75
Vegetarian Hand Rolls (GF, Vg)	\$11.50	\$13.75
Tofu Hand Rolls (GF, V)	\$11.50	\$13.75
RICE PAPER ROLLS (2pc) (Wed, Thu, Fri)		
Chicken Rice Paper Rolls (GF, H)	\$13.45	\$15.45
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45 \$13.45	\$15.45 \$15.45
vegetarian Nice raper Noils (GF, vg)	ψ15.45	ψ15.45
BAKERY All items freshly baked this morning!		
Cheese and Vegemite Scroll (V)	\$6.45	\$8.95
Savoury Bite 'Little Frank' Roll	\$6.45	\$8.95
Topped with Only Cheese Roll (v)	\$6.45	\$8.95
Cheese and Bacon Roll	\$7.45	\$9.95
Scroll with Ham and Cheese	\$9.95	\$12.85
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65
PIZZA & GOZLEME Served at Room Temp		
Ricotta & Spinach Pastizzi (2) (1)	\$7.45	\$9.95
Samosa Pastizzi (2) (Vg)	\$7.45	\$9.95
Margherita Pita Pizza (V)	\$8.95	\$11.45
Ham & Pineapple Pizza Slice	\$10.95	\$13.65
BBQ Chicken Pizza (H)	\$10.95	\$13.65
Vegetarian Pizza (v)	\$10.95	\$13.65
Lamb and Beef Gozleme (H)	\$13.45	\$15.45
Mushroom and Spinach Gozleme (Vg)	\$13.45	\$15.45
Spinach and Cheese Gozleme (v)	\$13.45	\$15.45
SANDWICHES / ROLLS / WRAPS	ф л / Г	ФО ОГ
Strawberry Jam Sandwich (1.5) (Vg)	\$7.45	\$9.95
Vegemite Sandwich (2) (Vg)	\$8.95	\$11.45
Plain Cheese Sandwich (2) (V)	\$9.95	\$12.85
Simple Salad Roll (Vg)	\$9.95	\$12.85
Cheese and Salad Roll (v)	\$10.95	\$13.65
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
Roast Chicken and Salad Roll (H)	\$11.50	\$13.75
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$13.75
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50	\$13.75
Mild Salami and Salad Roll	\$11.50	\$13.75
Wrap w/Chicken, Tzatziki, Lettuce, Tomato Cucumber (H)	\$12.75	\$14.95
SALADS / PICNIC BOXES / FRUIT & VEG		
Steamed Corn Wheels, Broccoli & Carrot (GF, Vg)	\$9.95	\$12.85
Fresh Fruit Salad - Main Course Size (GF, Vg)	\$11.50	\$13.75
Vegetarian Picnic Box (GF, V)	\$11.50	\$13.75
Ham Picnic Box (GF)	\$11.50	\$13.75
Greek Style Salad with Feta and Olives (GF, V)	\$12.75	\$14.95
Tortellini Pasta Salad (//	\$12.75	\$14.95
Mexican Inspired Salad (GF, Vg)	\$12.75	\$14.95
GE CANDWICHEC & WRADE		
GF SANDWICHES & WRAPS GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
GF Cucumber & Ham Sandwich (1.5)	\$10.95	\$13.65
GF Wrap - Ham and Salad	\$12.75	\$14.95
GF Wrap - Garden Salad (GF, Vg)	\$12.75	\$14.75
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Snack/Drink Menu	
FRESH FRUIT & VEGETABLES Apple pieces, Lemon juice, Cinnamon & Brown Sugar Cantaloupe and Honeydew Pieces Fresh Fruit Combo Freshly Chopped Orange Segments Freshly Chopped Strawberries with Grapes Freshly Chopped Watermelon Pieces Whole Fruit - Apple Whole Fruit - Banana Carrot, Cucumber, Red & Yellow Capsicum Celery and Carrot Sticks with Sultanas Cherry Tomatoes, Tasty Cheese & Rice Crackers Corn Wheels & Lightly Steamed Broccoli Edamame (Lightly Salted) Sugar Snap Peas, Beans and Cherry Tomatoes	+\$1.00 +\$1.00 +\$1.00 Included Included Included Included Included Included Included Included Included Included Included
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BAKERY - SWEET Choc Chip Cookie Finger Bun with Sprinkles Fruit Bun Cinnamon Doughnut Cornflake Cookie Choc Cup Cake (GF/DF) Blueberry Muffin Jam Drop Biscuit (GF) Banana Slice (GF)	Included Included Included Included Included +\$1.00 +\$1.00 +\$1.00
SUSHI 1pc Tuna Sushi (GF)	+\$1.00
POPCORN Slightly Sweet, Lightly Salted Lightly Salted	Included Included
DRIED FRUIT / LEGUMES Lime & Black Pepper Chickpeas Roasted Chickpeas Balsamic & Sea Salt Fava Beans Dried Fruit Medley with Yoghurt Sultanas DIPS WITH MINI RICE CAKES Tzatziki Dip with Mini Rice Cakes Spring Onion Dip with Mini Rice Cakes Spicy Capsicum Dip with Mini Rice Cakes	Included Included +\$1.00 +\$1.00 +\$1.00 +\$1.00
Avocado Dip with Mini Rice Cakes YOGHURTS / BOWLS	+\$1.00
Strawberry Yoghurt (Dairy Farmers)	+\$1.00
Classic Vanilla Yoghurt (Dairy Farmers)	+\$1.00
Chia Bowl with Banana, Coconut & Strawberries	+\$1.00
Stewed Rhubarb and Apple with Custard	+\$1.00
DRINKS Apple Juice (Nippy's) Included	

Included

Included

Included

Included

GF = Gluten Free, DF= Dairy Free, H= Halal, V= Vegetarian, Vg= Vegan

Orange Juice (Nippy's)

Chocolate Milk (Nippy's)

Strawberry Milk (Nippy's)

Full Cream Milk

