



## **BEYOND THE VIOLENCE**

### **Facilitator Training - Dandenong - T2 2024**

**Do you want to increase your skills working with parents and children affected by Family Violence?**

#### **SUITABLE FOR:**

- Professionals, volunteers or tertiary students with either existing group-work skills, or a background/interest in working with women and children impacted by family violence.
- Those wanting increased knowledge and skills working with families affected by family violence.

**DATES:** Fridays 17th, 24th and 31st May 2024

**TIME:** 9:15am to 4:30pm

**WHERE:** Dandenong  
St James Church Hall  
53 Langhorne Street

**COST:** Free Training  
(snacks and lunch provided)

**Limited places. Bookings ESSENTIAL**  
Contact Ariane Hahn 0499 080 468  
[ariane.hahn@anglicarevic.org.au](mailto:ariane.hahn@anglicarevic.org.au)

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**PARENTZONE**

# BEYOND THE VIOLENCE FACILITATOR TRAINING

## AIMS

Beyond The Violence facilitator training will assist participants, through experiential learning, to develop the specialized skills and insight to facilitate the Beyond the Violence group program. All participants will receive a copy of the Beyond the Violence manual.

## LEARNING OUTCOMES

**The three day training will assist participants to:**

- Understand the impacts of Family Violence on women and children
- Explore strength-based, participant driven group formats
- Identify techniques and strengths for group work, engagement and facilitation
- Increase skills and confidence in supporting families who have experienced violence
- Practice group work skills in a family violence context, within a parents', children's and combined family group

Participants will be provided with live supervision and debriefing.

Training will be delivered by Ariane Hahn from Anglicare Victoria, who has had extensive experience in parent and community education and working with women and children who have experienced family violence.

## WHAT IS THE BEYOND THE VIOLENCE PROGRAM?

Beyond The Violence is an 8 week group for non-violent parents and children who have experienced or are experiencing Family Violence.\*

The program helps families to establish safety, rebuild family relationships and move forward with their lives following Family Violence.

**The emphasis of the group is on:**

- Moving forward in a positive manner
- Re building family relationships
- Building skills - parenting skills and children's social skills
- Increasing safety and minimising risk

**The program aims to allow a learning environment where participants are supported to:**

- Acknowledge the past and it's impacts
- Establish or re-establish appropriate parent-child roles, relationships, responsibilities and trust
- Explore alternative approaches and behaviours that respect the rights of the individual and of others
- Feel safe
- Develop self-esteem and positive communication skills
- Accept responsibility for one's own actions
- Set and work toward family goals
- Build hope and trust
- Develop the life families want beyond the violence

## BTV IS RUN IN FRANKSTON, DANDENONG, ROSEBUD & GIPPSLAND\*

Live supervision and regular debriefing will be available to all those who co-facilitate the eight-week BTV program. Completing the three-day BTV facilitator training is a prerequisite for facilitating the eight-week BTV program.

## EXPRESSIONS OF INTEREST:

If you or your agency would like to partner with us to deliver the Beyond The Violence program call Carol Abery on 0436 007 336 and 9781 6700 or email [carol.abery@anglicarevic.org.au](mailto:carol.abery@anglicarevic.org.au)

**NOTE:** Priority for the facilitator training will be given to professionals who are interested in co-facilitating one or more Beyond The Violence programs during the next 12 months. The programs are being scheduled during school terms in Frankston, Gippsland, Rosebud and Dandenong\*.