

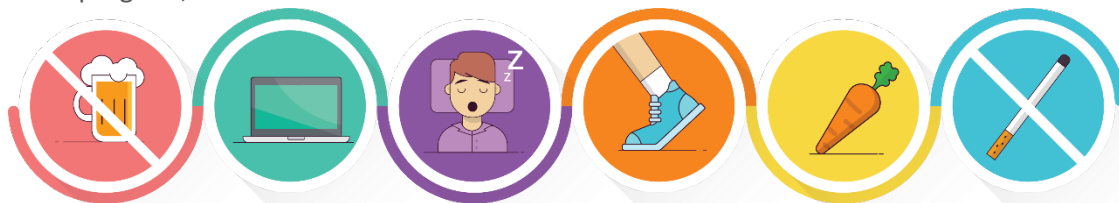


Health4Life

Physical and mental wellbeing in adolescence and beyond

Our school is taking part in a new project for Year 7

Run by researchers at Curtin University, this study aims to evaluate the effectiveness of a new digital prevention program, known as Health4Life.



Our school has been randomised to the control group. This means that students will:

- ✓ **Complete five confidential online surveys** over the next three years
- ✓ Receive their usual PDHPE classes in 2019.

Further information will be sent home soon.