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**Date: 17/02/25 - 21/02/25**

Under the National Quality Framework healthy eating is important to every child’s wellbeing and development. Quality Area 2 of the National Quality Standards (2.1.3) specifies promoting healthy eating for each child.

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| **Monday BSC** | **Tuesday BSC** | **Wednesday BSC** | **Thursday BSC** | **Friday BSC** |
| **Breakfast****Bush Honey Toast*****(Wholemeal toast with butter, and bush honey)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas and Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 22/01/25 | **Breakfast****Banana Pancakes*****(with Honey)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas and Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: AllDate Requested: 21/1/25 | **Breakfast****Figs and Yoghurt *(Drizzled with Honey and Cinnamon)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas and Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 09/1/25 | **Breakfast****Egg and Avocado Wraps *(Wholemeal wraps with Scrambled Eggs)*** ***Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas and Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: TaoDate Requested: 16/12/24 | **Breakfast****Fruit and Yoghurt *(Choose from Watermelon or Banana)******Available always:*****Wholemeal Toast or Raisin Toast** **Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas and Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: ChloeDate Requested: 23/1/25 |

**Date: 17/02/25 - 21/02/25**

Under the National Quality Framework healthy eating is important to every child’s wellbeing and development. Quality Area 2 of the National Quality Standards (2.1.3) specifies promoting healthy eating for each child.

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| **Monday ASC** | **Tuesday ASC** | **Wednesday ASC** | **Thursday ASC** | **Friday ASC** |
| **Afternoon Tea** **Main snack: Fruit Kebabs** *(with Yoghurt Dip)** **SPECIFY FRUIT**

(Watermelon, Pears, Bananas, Apples)* **SPECIFY VEGETABLES**

(Cucumber, Capsicum, Carrot, Cherry Tomatoes, Olives) * **SPECIFY CARBS** (Barbeque Rice Crackers and Rice Cakes, Plain Rice Crackers)
* **SPECIFY DAIRY**

(French Onion Dip, Sour Cream, Cheese Cubes, Yoghurt mixed with Honey and Cinnamon)  * **SPECIFY OTHER**

**Water** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: Xudong, Heather & MiaDate Requested: 20/1/25 |  **Afternoon Tea** **Main Snack: Three Sisters Soup** *(Veggie loaded soap)** **SPECIFY FRUIT**

(Watermelon, Pears, Bananas, Apples)* **SPECIFY VEGETABLES**

(Cucumber, Celery, Corn, Onion)* **SPECIFY CARBS** (Barbeque Rice Crackers and Rice Cakes, Plain Rice Crackers)
* **SPECIFY DAIRY**

(French Onion Dip) * **SPECIFY OTHER,**

(Salt Free Chicken Stock, Curry Powder, Kidney Beans, Sage Leaves, Pumpkin Puree)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 23/1/25 | **Afternoon Tea** **Main snack: Native Rosemary and Parmesan Focaccia** *(Freshly baked by BPPS TC Chefs)** **SPECIFY FRUIT**

(Watermelon, Pears, Bananas, Apples)**SPECIFY VEGETABLES** (Cucumber, Capsicum, Carrot, Rocket) * **SPECIFY CARBS** (Barbeque Rice Crackers, Rice Cakes and Plain Rice Crackers, Bannock Bread)
* **SPECIFY DAIRY**

(French Onion Dip, Cheese Cubes) * **SPECIFY OTHER**

(Parsley)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 23/1/25 | **Afternoon Tea** **Main snack: Bush Tucker Damper** *(baked fresh by BPPS TC Chefs)** **SPECIFY FRUIT**

(Watermelon, Pears, Bananas, Apples)**SPECIFY VEGETABLES** (Cucumber, Capsicum, Cherry Tomatoes, Kalamata Olives) * **SPECIFY CARBS** (Barbeque Rice Crackers, Rice Cakes and Plain Rice Crackers)
* **SPECIFY DAIRY**

(French Onion Dip) * **SPECIFY OTHER**

(Rosemary)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 23/1/25 | **Afternoon Tea** **Main snack: Veggie Pikelets** *(filled with cheese and seasonal vegetables)** **SPECIFY FRUIT**

(Watermelon, Pears, Bananas, Apples)**SPECIFY VEGETABLES** (Cucumber, Capsicum and Tomato) * **SPECIFY CARBS** (Barbeque Rice Crackers, Rice Cakes and Plain Rice Crackers)
* **SPECIFY DAIRY**

(French Onion Dip) * **SPECIFY OTHER**

(Basil, Olive Oil)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 21/1/25 |