

Keeping kids well

Protect your children and those around them



Get them
VACCINATED



KEEP THEM
home with cold
or flu symptoms



TEACH THEM
to wash their
hands and cover
coughs with a
tissue or arm



If your child has a health condition like asthma, speak to their GP about how their condition can be affected and develop an action plan. Make sure you seek medical attention if you are worried about your child's health.

Keep well, keep connected

For tips on keeping yourself and your family well, visit
sahealth.sa.gov.au/keepingwell



Government
of South Australia

SA Health