

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Hurdles &amp; Long Jump</b>  7:15 – 8:15am <i>MCA Athletics Centre</i>			
			<b>Shot Put Break 1</b>
<b>Track</b>  3:30 – 4:45pm <i>McMahon Oval</i>		<b>Track</b>  3:30 – 4:45pm <i>McMahon Oval</i>	