



Bringing Up Great Kids

A free six-week parenting program promoting respectful relationships

About the Program:

Bringing Up Great Kids is a fun, interactive, and guilt-free parenting course that focuses on how parents can better communicate to meet the emotional and developmental needs of their children. It offers opportunities to reflect on your parenting style, understand its origins, and discover ways to overcome obstacles that prevent you from being the parent you want to be. The program emphasizes connection over perfection and provides a general overview of mindful parenting.

Program Content Includes:

- Understand the link between emotions and behaviour
- Support your child to manage strong feelings and conflict
- Explore your parenting style and its influences
- Learn about brain development and emotional needs, and build effective communication and positive relationships

Program details:

Who?

For parents, grandparents and carers of children aged 0-6 years living in the western suburbs of Melbourne

When?

Thursdays x 6 weeks 10:00am -12:00pm, 22nd of October to 26th of November 2026

Where?

Taylors Hill Youth and Community Centre
121 Calder Park Dr, Taylors Hill VIC 3037

Cost? FREE

☒ Refreshments provided

Free child minding on site available. Babes in arms also more than welcome!

Register online or via the QR code today!

 mackillop.org.programs/parenting-workshops

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