



## Silver beet, mushroom and feta pizza

**Difficulty: Easy** 

Type: Main-Lunch/Dinner Allergy advice: Gluten

**Source: Adapted from SAKGF** 

**Season:** Spring

From the garden: Silver beet, mushrooms, rocket

**Serves:** 8 medium sized pizzas

**Equipment** 

**Measuring spoon and scales Chopping boards and mats** 

Cooks knives Frying pan

Wooden spoon

Large bowl

2 small bowls

**Colanders for washing** 

Pizza cutter Pizza shovel

Platters or boards for serving

**Ingredients** 

2 Tbsp. Olive oil

2 Leeks, stalks discarded and finely

sliced.

4 large handfuls silver beet leaves,

finely sliced

200 gms fresh mushrooms thinly

sliced

250 gms feta cheese

2 garlic cloves, peeled and chopped

Rocket leaves as a garnish

Extra olive oil for drizzling on top of

pizzas.

## What to do:

- 1. First, thoroughly wash and clean all of the vegies, then prepare them as per the ingredients list.
- 2. Heat frying pan on low to medium heat and add the olive oil.
- 3. Sauté the leeks until soft, then add the garlic and finely sliced silver beet leaves. Cook until the silver beet has wilted and add salt and pepper to taste.
- 4. Place the cooked silver beet and leeks into a large bowl to cool.

- 5. Meanwhile arrange the prepared pizza topping on your bench space ready to assemble your pizzas.
- 6. Now one at a time, take the prepared pizza trays and add your toppings.
- 7. Arrange the leek and silver beet mix onto the base first, then the thinly sliced mushrooms, and finally crumble some feta cheese on top.
- 8. Drizzle a little olive oil over the pizza, (no more than ½ tsp on each one) and take to the oven to be cooked.
- 9. When the pizzas are ready cut into 6 or 8 slices using a pizza cutter and scatter some rocket leaves on top. Arrange on to platters and serve!

**Notes:** The cooking time will vary depending on your oven. At school, we are using a wood fired oven which takes only a few minutes to cook the pizzas, but at home in a regular fan forced oven, set temperature to 200 degrees and cook for 15 to 20 minutes.