

Mercimek corbasi (Red lentil soup)

Growing Harvesting Preparing Starring S

Serves 24 - 30 tastes

Ingredients

1 cup red lentils, rinsed

1 medium size onion, chopped

2 tablespoons olive oil

2 cloves garlic, chopped

1 carrot, diced

1 stick celery, diced

1 potato, peeled and grated

1 eggplant, diced finely

1 tablespoon tomato paste

½ teaspoon ground cumin

¼ teaspoon chilli powder

Salt and pepper to taste

5 cups of chicken stock

Juice of ½ lemon

Soup garnish

2 tablespoon olive oil

1 tablespoon sweet or spicy

paprika

Chopped fresh mint, 1/2 cup

Dried mint ½ teaspoon

Equipment

Measuring cups and spoons

Grate

Large pot for soup

Knives

Chopping boards

Wooden spoon

Stick blender

Small red ramekins for individual serves

What to do:

- Place the onion and olive oil in a large pot, saute a few minutes
- Add the garlic and tomato paste, cook stirring for 1 minute
- Add the red lentils, celery, potato, carrot, eggplant, cumin, chilli and water
- Bring to the boil and simmer (covered) for 20 minutes, stirring occasionally
- Add the lemon juice and puree with a stick blender until smooth
- Before serving the soup, gently warm the extra oil and paprika together in a small saucepan. Remove from heat and pour into a clean bowl, set aside
- Ladle soup into the serving bowls
- Garnish with a drizzle of the warm paprika oil, and a sprinkle of fresh and dried mint