

## **2023 Mordialloc District Cross-Country**

**Venue: Karkarook Park, Heatherton**

**Date: Friday 28<sup>th</sup> April, 2023**

### *Program for Competitors*

1. Cross Country officials arrive by 9:00am to begin setup of course.
2. Schools to arrive by 10am to familiarise with course.
  - 10:15 am – Course Marshalls to meet at finishing tent (1 per school minimum) for briefing and to be sent off to position on course.

**NB: These times are only indicative times - Races may be held 15 minutes either side of scheduled times. We will endeavour to keep to these times, however weather conditions and other circumstances may affect starting times!**

9/10 Girls- 2km - 10:40am (Including 9-13 Multi-Class)

9/10 Boys- 2km - 11:00am (Including 9-13 Multi-Class)

11 Girls- 3km – 11:20am

11 Boys- 3km - 11:45am

12/13 Girls- 3km - 12:10pm

12/13 Boys- 3km - 12:30pm



**Children must have competition numbers written on their hands prior to running their race!**

**Please contact your sports coordinator/PE teacher to obtain competition numbers.**

3. 12:45pm - Presentations (Children who qualified for Kingston Division – Top 10 in each age group + handicap and overall school winners.)
4. Clean up – 1:00pm each school please bring a garbage bag for rubbish!
5. School & Student Departure - Bus departure time 1:15pm
6. 1:30pm - Cross Country officials pack up course and depart venue by 2:00pm.

**Postponement:** The event will go ahead in all conditions. It will only be called off in *extreme* circumstances.

**Disputes:** The Mordialloc District Coordinator for School Sport Victoria will have the final say in any disputes arising from all proceedings. No correspondence will be entered into.