



# activities in the park



## WHAT'S ON - FEB 2024

### FREE AND LOW COST ACTIVITIES

<b>Yoga in the Park</b>	Monday 5	9.30am to 10.30am	Queens Gardens, Shepparton
<b>Laser Tag in the Park</b>	Saturday 10	10am to 12pm	Queens Gardens, Shepparton
<b>Cards &amp; Cardio</b>	Sunday 11	9.30am to 11.30am	Vic Park Lake, Shepparton
<b>Body Combat Class</b>	Wednesday 21	6pm to 7pm	Vic Park Lake, Shepparton
<b>Paint the Moon**</b>	Thursday 22	7pm to 8.30pm	Queens Gardens, Shepparton
<b>Scones in the Park</b>	Sunday 25	10am to 11am	Vic Park Lake, Shepparton
<b>Qigong &amp; Sound Bath</b>	Monday 26	6pm to 7pm	KidsTown, Mooroopna

### STAND UP PADDLING\*\*

Saturday 3	11am to 3pm	Vic Park Lake, Shepparton
Saturday 17	11am to 3pm	Vic Park Lake, Shepparton

### AQUA AEROBICS

Wednesday 7	6pm to 6.45pm	Tatura Outdoor Pool
Wednesday 28	6pm to 6.45pm	Tatura Outdoor Pool

### CULTURE COLLECTIVE – TONGAN MONTH

<b>Traditional Tongan Dance Lessons</b>	Friday 2	6pm to 7.30pm	Queens Gardens, Shepparton
<b>Tongan storytelling and weaving</b>	Friday 16	6pm to 7.30pm	Queens Gardens, Shepparton

### SHEPPARTON SUMMER MARKET

<b>Giant Games</b>	Friday 23	10am to 5pm	Maude Street, Shepparton
<b>Silent Disco &amp; Giant Games</b>	Saturday 24	10am to 3pm	Maude Street, Shepparton



### FOR MORE INFORMATION



For more activities in your area:  
Download our GetMooving App

\*\*For bookings contact:  
5832 9431  
healthycommunities@shepparton.vic.gov.au

