

YEAR 9 AND 10
AMPLIFY: CHOICES
WANTIRNA COLLEGE

2022

Term 4

Handbook

Subject information for students



Lego Masters

Each week students will be issued a new building challenge. Students will learn how to plan their builds and how to create more difficult structures when working with Lego. Once the builds are complete, students will take photos of their work and upload them to a virtual scrapbook. Weeks 3, 6 and 9 will be devoted to completing a challenge where students use Lego in different ways. In the final week, week 10, students will have the choice of creating whatever they want and we will judge the best build on planning, technical difficulty and execution.

Auslan

Selecting this choice will see you learning a new language; AUSLAN, the Australian Sign Language. This course covers all the basics including the alphabet, counting, salutations, spelling your name, common words and phrases and more. We will practice our skills by conversing with one another and using our skills in context. In the final week, we will demonstrate the skills we have learnt in an AUSLAN only conversation between the student and our volunteer instructor.

Crochet

If you enjoy arts and crafts, we have got you covered!! Come and learn how to crochet. Each week you will learn two crochet stitches with yarn and crochet hooks. Throughout the weeks, there will be opportunities to master your crochet skills and create your own projects. that you can use to create a multitude of products. You could make blankets, scarves, tops or even plushies. Your options are endless. At the end, you will be able to take home your designs.

Life skills cooking

Have you ever wanted to learn how to make and bake quick snack and meals? Then life skills cooking is for you. Enrol in the life skills cooking class and learn how to make classics baked products such as Rocky Road Surprise Pudding, Biscuits, Muffins, Slices and Cakes, along with, delicious pasta, rice, and chicken dishes. Not only will you learn to make great baked products and meals, but you'll also learn how to cost out a recipe and modify ingredients to suit all budgets and dietary requirements. Using everyday ingredients found in the pantry and fridge at home.

Model making

In this unit you will have a chance to build models.

Grand designs

Do you have an eye for design? Are you good with a paint brush? Do you want to improve the look and feel of your school? Then this is the workshop for you. Over the term you will design and create new innovative learning environments. From painting rooms to building furniture you will have your say on what your learning environments look like.

Fitness bootcamp

Fitness Bootcamp generally includes a mix of aerobic, strength training and speed elements within each session. One boot camp workout might stress body weight exercises (calisthenics) while another stresses military-style drills. So if you like hanging out with your mates and getting more fit, then this is the choice for you! Each week, you will work your way through various fun circuits designed to get you fit in and around the school.

Garden Club

Help to design, shape and maintain the garden connected to food tech. This will involve preparing, planting and developing the garden so it can be used as a little outdoor haven. Lots of outside time, learning about edible plants, their companion plants and natural pest solutions. Learn about seasonal produce, and how to cut down on your carbon footprint, recycle/upcycle, problem solve, teamwork, and practical life skills.

ShowFit

ShowFit is a short program to help performers work towards achieving their fullest potential. There will be workshops on improving vocal technique, performing and projecting for the stage, understanding rhythm and timing, and dance styles used in modern theatre. This program is highly suited for individuals looking at expanding their musical theatre capabilities and for students in the production. A willingness to sing, act and dance is highly recommended even if you think you may not be the best at any or all of the above.

Yoga

Students will develop their yoga practice throughout this course, each choosing a certain element that they want to work on (meditation and breathing techniques; flexibility; strength; balance; or a combination of these). The YOGAMIGOS team are passionate about helping Aussie kids access exercises that build strength, flexibility, and relaxation.

Origami

Take a deep dive into the world of origami the Japanese art of paper folding. Through this unit we will look at the history associated with origami as well as its many applications. Each week you will be creating different origami pieces and be able to show off your paperfolding skills.

Writing for digital media

Students will explore the range of platforms and writing strategies that are a core part of 21st-century lifestyle. They will investigate and build their skills in writing and editing for a range of

purposes, audiences and contexts – from creativity to marketing to professional writing to social media, they will learn industry skills in digital literacy, writing and editing.

Mindful art therapy

Students will have time to relax and be creative doing a range of activities such as mindfulness colouring, collage or painting. All students are creative in their own way. This will be a fun way to explore your creativity and share it with others. Students will have the option to create their masterpieces on paper, canvas or digitally. Each week will have a different theme to explore and provide an opportunity to practice relaxation techniques and de stress.

Academy for enterprising girls

Are you an Enterprising Girl?

Got a great idea that you don't know what to do with? Enterprising Girls will give you the tools you need to turn that idea into a reality!

About the Academy for Enterprising Girls

The Academy for Enterprising Girls is a fun and exciting entrepreneurship program, available to all young women in Australia aged 10 – 18, funded under the Australian Government's Women's Leadership and Development Program. The Academy is designed to cultivate young women's skills in design thinking, entrepreneurial and business skills, delivered through four key program pillars;

- National workshop program
- Comprehensive eLearning modules
- Educational resources hub for teacher
- Educational resources hub for teacher

Yearbook Committee (Magazine Editing)

For the first time, students will help put together the Wantirna College Yearbook 'The Falcon'. Using Canva, students will work in small groups on allocated pages to design the layout and they'll use graphics and photos to make each page pop! This is a great opportunity for media, arts & tech students, or anyone who is interested to contribute to a lasting memento of 2022. Activities will also include setting up a photo booth and photographing students for the NEW Yearbook Social Pages and hopefully going on a short excursion to a local printer (to be confirmed).

Cinema Club

Come along and enjoy a weekly film in the Theatre (when and if available) and share your musings afterwards in an informal yet lively setting. Films will encompass various genres and will all be age appropriate. From classics to new releases, we will bear witness to storytelling free of disruptions on the big screen. For cinephiles and fans of the moving image.

String quilting cushion covers

You will have the opportunity to make a cushion cover and be guided through how to use fabric scraps to create 'string quilting' to make a pattern. Throughout the weeks, you will be guided through: how to arrange fabric to create a specific pattern; how sew appropriate seam allowances;

how to quilt the top into a pattern of your choosing, and how to make their string quilt tile into a usable cushion cover. At the end, you'll be able to take home your finished product/s!

Examples:

- <http://quiltingdigest.com/wp-content/uploads/2018/01/DSC06741.png>
- <https://i.pinimg.com/originals/16/db/5a/16db5a653696089eed07c0cf05707626.jpg>
- https://static.primecp.com/master_images/FaveQuilts/Paper/String/Rainbow-All-Sort-String-Pillow.jpg
- <https://i.pinimg.com/564x/49/19/32/4919329073619592c88a179f2014d78e--modern-pillows-decorative-pillows.jpg>

Foundation Coaching Qualifications

Students will select a specific sport that they would like to achieve a foundation coaching accreditation in (there will be a set list of sports to choose from). Students will be guided through the requirements of becoming an accredited coach with intention of having the opportunity to run training sessions with Primary school students in the sport once their qualifications have been achieved.

Experimenting and Making with Acrylic/ Laser cut jewellery

Learn how to design and make your very own jewellery using the laser cutter and material manipulation techniques. Use Adobe Illustrator to design your ideas and then send them to the laser cutter to be cut. Use a range of techniques to heat and shape acrylic. Assemble the individual components to create your own Jewellery.

Examples:

- Earrings, necklaces & rings
- Badges, keyrings & keychains
- Bangles, bracelets & tchotchkes