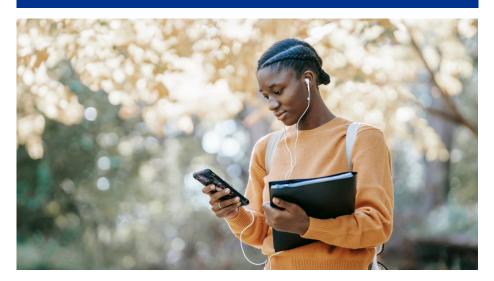
Careers Newsletter

Learn Your Way with the Right Tech



Everyone learns in their own unique way. Maybe you remember things best when you see them, hear them, write them down, or get handson. These preferences are called learning styles, and knowing yours can make working on tasks easier, more enjoyable, and more effective. The good news? Today's technology gives you more ways than ever to match your learning style with tools that support the way you think and learn.

Here's how you can pair your learning style with helpful tech tools:

- **Visual Learners:** Try using diagram makers, mind-mapping apps, or educational videos to bring ideas to life.
- Auditory Learners: Use podcasts, text-to-speech tools, or record yourself explaining concepts to listen back later.
- **Reading/Writing Learners:** Make the most of digital note-taking apps, flashcard generators, and online articles to read and rewrite.
- Kinesthetic Learners: Look for interactive simulations, educational games, or video tutorials that involve step-by-step action.

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""Your education is a dress rehearsal for a life that is yours to lead."

— Nora Ephron, journalist, screenwriter and author.



"

You don't need to be a math genius or a star athlete to become a sports statistician — but you do need a passion for data, sharp eye for detail, and a love of uncovering what drives performance.



What is a Sports Statistician?

A sports statistician collects, analyses, and interprets data related to athletic performance. Whether tracking player stats, team trends, or game outcomes, they use numbers to tell the story behind the sport. Some work live at events, recording data in real time, while others work behind the scenes, using analytics to help teams improve or to inform the broadcasters and fans.

What skills and strengths are needed?

Sports statisticians often work with software, spreadsheets, or coding tools, so digital literacy is a must. Good communication is also important—translating complex data into clear insights for coaches, players, or the media. Key strengths include maths and analytical thinking, attention to detail, and a solid understanding of sports rules and strategies.

What are the pathways?

You can start by studying maths, statistics, or data science, and combining that with a strong interest in sports. Relevant university degrees include sports analytics, data science, computer science, or applied mathematics. Short courses in coding (like Python or R), sports technology, or performance analysis can also give you an edge.

Gaining experience through internships, volunteering with local teams, or analysing school sports data helps build a portfolio and connections in the field. Some statisticians move into the role from sports journalism or coaching backgrounds, adding analytical skills along the way.





While most uni offers are released in December after ATARs, some Year 12 students in <u>NSW and ACT</u> can receive early offers.

Early Offers Through UAC

Early entry schemes let you demonstrate your potential by using Year 11 results and school recommendations - before your ATAR is available.

To be considered for early offers through UAC, apply for the <u>Schools Recommendation</u>
<u>Scheme (SRS)</u> when you submit your UAC application. The first SRS offers will be released on 13 November 2025.

These offers can be unconditional (no ATAR needed) or conditional (you'll need to meet extra criteria like a minimum ATAR). Apply for SRS through your UAC application by selecting the option and submitting any extra info required.

Direct Offers from Unis

Some universities also offer early entry directly, not just through UAC. To apply, visit each uni's website and follow their instructions. Applications usually open midyear, and no offers will be made before September. You can apply for both UAC and direct entry at the same time to keep your options open.

How-to-apply guide for Year 11 and 12 students

Steps to Uni for Year 11 and 12 Students provides information for 2025 Year 11 and 12 students about applying for tertiary study through UAC. It explains the process of applying to university, managing an application and accepting an offer.

Steps to Uni for Year 11 and 12 Students can be downloaded from the UAC website and will be available at expos.

Want to find out about upcoming admission dates to another interstate university?

Contact the Tertiary Admissions Centre in the relevant state or territory. See below:

<u>VTAC</u> – Victoria <u>QTAC</u> – Queensland <u>SATAC</u> – South Australia and NT <u>TAS</u> - Tasmania TISC- Western Australia



Work smarter, not harder. Simple habits can help keep you organised, lower stress levels, and build your confidence for when exams roll around.

Check out these recommendations by QS Top Universities below:



1. Start Early & Plan Smart

- Avoid cramming.
- Set a realistic study schedule.

2. Prioritize subjects based on importance and difficulty.

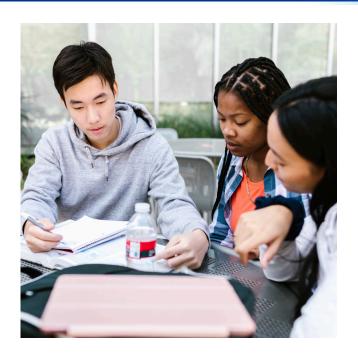
 Use digital tools (like calendars or task apps) to stay on track.

3. Organise Your Study Space

- Create a distraction-free environment that suits your style.
- Whether it's tidy, silence or background music, find what helps you focus best.

4. Learn Actively

- Use mind maps, flashcards, and teach-back methods to boost retention.
- Experiment with different learning strategies to find what works best for you.



5. Practice Under Exam Conditions

- Simulate real exams with timed practice sessions.
- Build confidence and improve time management by mimicking exam pressure.

6. Take Smart Breaks

- Try the Pomodoro Technique: 25 minutes of study, followed by a 5minute break.
- Stay fresh and focused by avoiding burnout during long study sessions.

7. Use Tech Wisely

- Use apps like <u>Quizlet</u>, <u>Evernote</u>, and <u>Forest</u> for effective study.
- Switch off notifications to minimise distractions during study time.

8. Eat to Focus

- Fuel your brain with healthy foods such as salmon, berries, and whole grains.
- Stay hydrated and avoid sugary snacks to prevent energy crashes.



Discover local council training opportunities for your students. Help them secure a real job, develop real skills and contribute to their local community

What is the opportunity?

The NSW Government is investing \$252.2 million over the next six years to establish 1,300 new apprenticeship, traineeship and cadetship positions across the local government sector. This means that there are a number of upcoming opportunities for students and school leavers to:

- Earn while they learn through paid, on-the-job training
- Gain nationally recognised qualifications in the profession of their choice
- Build a clear pathway to long-term careers
- Make a real impact in their local communities

Why Local Government?

Your students will gain valuable experience, contribute to projects that improve everyday life, and work in a supportive, inclusive environment with strong professional development opportunities.



Which positions are available?

Positions are available state-wide in a variety of sectors, including:

- Parks and Gardens
- Civil Construction
- Business Administration
- Engineering
- Mechanics
- Water and Waste Treatment
- Planning
- Early Childhood Education
- Finance
- Surveying
- Electrical
- Environmental
- IT
- Plant Operating
- Human Resources
- Community Services
- Plumbing
- Carpentry
- Communications and Media

How to get started

Encourage students to express their interest with the Office of Local Government. Students can register their interest for local council apprenticeship, traineeship and cadetships through their local council, or through a centralised form by the Office of Local Government at:

https://www.olg.nsw.gov.au/apprentice-trainee Or they can apply to their local council directly!



Recognising Design & Creative Technology Talent



Entries are NOW OPEN!

Show Off Your Creative Talent

The <u>Bright Awards</u>, run by Billy Blue College of Design at Torrens University, celebrates the bold, creative work of Year 10–12 students across Australia. Whether you're into design, tech, art, or gaming, this is your chance to get noticed—and win big. It's open to students at all skill levels, from beginners to future pros.

Why Enter?

Winners in each category score \$1,000, an Adobe Creative Cloud licence, and the chance to win the Pinnacle Award—which includes a 50% design scholarship and \$5,000 for your school. It's a great way to kick-start a career in design and creative technology. Plus, your work will be seen by industry experts and shared across national platforms.

How to Apply

Head to the <u>Bright Awards page</u> on the Torrens University Australia website. Choose your category, read the entry guidelines carefully, and upload your submission by 8 August 2025. You'll need to submit your work online and include a short description that explains your idea and process.

Categories & Criteria

Judges are looking for original ideas, solid research, and creative thinking that considers social, environmental, or economic impacts.

Your entry should show planning, purpose, and a clear, creative vision.

Categories include:

- Architecture & Interiors
- Digital Technology
- Fashion Design, Marketing & Textiles
- Media Arts & Gaming
- Photography
- Visual Arts





Highlight Your Human Skills



Confidently communicating your Human Skills can make or break your opportunities.

It's normal to squirm at the thought of writing a winning application or rehearsing for an interview because talking yourself up probably doesn't come naturally. But being able to confidently communicate your strengths is what sets you apart from other candidates, and can make or break your opportunities. The good news is, just like any other skill, you can learn to sell yourself, and the more you practise, the better you get!

Start Low-Stakes

Starting low-stakes means there's nothing to lose so you can build competence before high-stakes situations arise. Practising low-stakes habits helps make the everyday ways you use your Human Skills obvious, and you'll be confidently identifying and articulating them - with examples - when high-stakes situations like applications and interviews come up. Low-Stakes starters include:

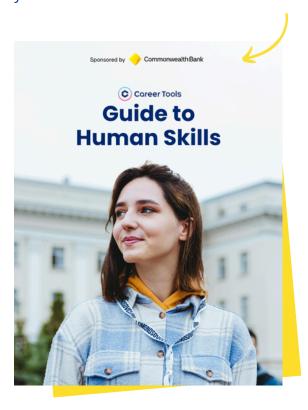
- Identifying and noting your wins,
- Articulating your skills in casual conversations, and
- Learning to give and receive compliments in ways that combine these.

High-Stakes Situations

Whether you're writing your resume, a scholarship application, or pitching yourself to a potential employer at an interview, the techniques in our Guide show you how to highlight your Human Skills so you shine. If you haven't got time to start low-stakes - don't worry - these methods will help you fake it 'till you make it! You'll learn to:

- Elaborate with specific examples,
- · Quantify and qualify your impact, and
- STAR in your responses.

Download the **Career Tools Guide to Human Skills** now, and learn to highlight your Human Skills!







National Museum of Australia (Canberra)

Current Exhibitions: Explore the shared stories and experiences of First Nations peoples from across the continent with <u>"First Australians".</u>

Discover the story of the vast, vibrant Australian continent in the 'Great Southern Land' gallery'.

Australian Museum (Sydney)

Sydney Science Trail (9-17 August

2025): Celebrate National Science Week in August with a jam-packed program of science excursions for primary and secondary students presented in collaboration with Botanic Gardens of Sydney.

Participate in a range of hands-on science activities, exploring themes like climate change and First Nations knowledge.





Museum of Brisbane (MoB)

Work Experience Opportunities:

Students in Years 10–12 can apply for a 3–5 day placement to gain insight into museum operations and exhibitions.

School Holiday Activities: Enjoy creative workshops like badge making and lantern crafting, designed to engage students during the holidays.



Ever wondered why engineers are considered the original problem-solvers?

Find out why and learn how you can become one in our new interactive short course, made in collaboration with Engineers Australia.

Virtually everything you interact with on a daily basis exists because an engineer has been involved.

They're the ones in charge of creating, designing, maintaining and helping to produce our structures, gadgets, tech and devices across a huge range of areas of expertise.

As you can imagine, being so involved in our everyday living means that engineers are super in-demand, with employers always looking for creative problem-solvers who want a career that makes a difference.

That's why we've created *Engineered for Impact*, our latest interactive short course to help you learn everything you need to know about designing your own pathway into this amazing career.



In this Academy, you'll discover:

- How engineers understand people and what their needs are to come up with great solutions.
- How engineers harness creativity to solve the world's toughest problems.
- Why engineers study a range of areas such as ecology, physics, social sciences and more.
- How engineers are making a difference every single day, including a spotlight on areas of expertise such as:
 - Biomedical Engineering
 - Chemical Engineering
 - Electrical Engineering
 - Environmental Engineering
 - Civil Engineering
 - Mechanical Engineering
 - Software Engineering
 - Systems Engineering
- Features on three young female engineers making an impact in their field and in the world.
- An explanation of how you can receive financial and professional support while studying engineering.
- Why having women in engineering is important for making a positive difference to everyone's lives.

Access this free Academy by clicking this **link**, or through the Career Tools website.





Your resume is your ticket to standing out—but how do you write one that shows off your strengths, even if you're just starting out?

Know Your Skills

Employers want to know what you're good at, not just your past jobs. Include a mix of **hard skills** (like using Microsoft Excel, coding, or speaking another language) and **soft skills** (like teamwork, time management, communication, and problem-solving). These can come from school projects, volunteering, sport, or part-time work. Use bullet points to explain how you've used these skills in real-life situations.

Keep It Professional and Up to Date

Your resume should be simple, clean, and easy to read. Use a standard font, include clear headings (like Education, Skills, and Experience), and keep it to one page if possible. Double-check that your contact details are current and that your email address sounds professional. Always proofread and for spelling and grammar—first impressions count!



What To Include

A clear, well-organised resume helps you stand out for the right reasons.

Employers and recruiters often spend just a few seconds scanning each resume —so having a tidy, easy-to-read layout makes it more likely they'll spot your skills and experience quickly.

Using a consistent format also shows that you're professional, detail-oriented, and serious about the opportunity.

A typical format can include:

- Contact Information
- Career Objective or Goal
- Education
- Achievements or awards (if any)
- Skills
- Experience
- Achievements
- Referees

Need Help Getting Started?

There are a range of great online tools to help you build your resume.

Try the <u>Your Career</u> website for free templates and tips,or check out <u>Youth</u> <u>Central</u> for student examples.

Don't forget to talk to your school careers advisor—they can offer personalised feedback and help you build a resume that reflects your strengths and goals.



About to finish Year 12 and not sure what's next? The Global Gap Year Program by Projects Abroad is now accepting applications for their 2026 intake.

Who are Projects Abroad?

Projects Abroad is a trusted global organisation with over 30 years of experience in safe, ethical volunteering. The Global Gap Year Program includes support every step of the way, with accommodation, meals, training, and supervision provided. It's designed to give school leavers structure, adventure, and a chance to discover their interests before committing to further study or a career.

What is the Global Gap Year Program?

The <u>Global Gap Year Program</u> is a 28-week structured adventure designed for school leavers to explore the world, gain hands-on experience, and make a real difference. Travel to countries like Nepal, Ghana, Peru, and Cambodia, where you'll volunteer in areas like education, healthcare, and conservation. It's the perfect way to learn new skills and build lifelong connection, growing personally and professionally before starting uni, TAFE, or work.





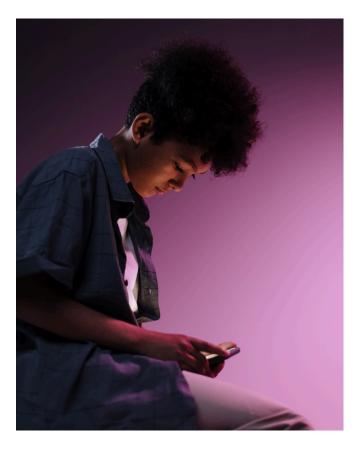
Trip Highlights Include:

- Join Conservation Projects in the African Savannah and Nepal.
- Care for Animals in the Amazon Rainforest and preserve the fragile coastal ecosystem of the Galapagos Islands.
- Explore ancient temples at Angkor Wat and marvel at the Incan ruins of Machu Picchu!
- Go on safaris in East Africa and Nepal.
- Learn practical healthcare skills with Public Health outreach work.
- Work with children on Teaching Projects and at Community Events.

Apply Now for the 2026 Intake:

Applications for the 2026 intake are now open. To secure your spot, visit the <u>Projects Abroad Global Gap Year</u> page and complete the application process. A deposit is required to confirm your participation, with flexible payment options available.







From TikToks to gaming profiles, everything you share online adds to your digital presence—and it can travel far and fast. Online spaces offer heaps of fun, but they also come with risks such as oversharing or losing control of your posts. Staying safe doesn't mean logging off—it means being smart about what you share and who with.

Keep your accounts private, check your settings, update your passwords, and do the occasional Google search of your name. It's all about staying in control and owning your digital vibe. If something doesn't feel right online, speak up—talk to a trusted adult or report it through a safety platform. The more you know, the more confident you'll be navigating the digital world on your own terms.



You've heard it before - stay safe online. But here's the thing: it's not just about rules, it's about you.

Whether you're posting pics, making videos, or chatting with friends, it's important to understand how to protect your privacy and stay in control.

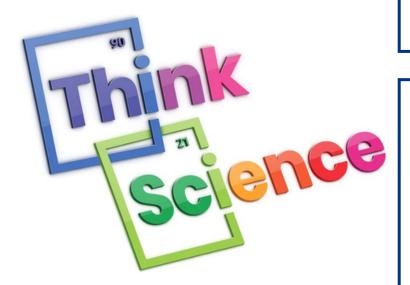
Helpful Online Safety Websites

These trusted sites are packed with practical tips, tools, and support to help you stay safe, informed, and in control online. Whether you need help with privacy settings, want to report an issue, or just have questions about your digital life, these resources are here to guide you every step of the way.

- <u>eSafety Commissioner esafety.gov.au</u>
- Tips on staying safe online, privacy settings, and how to report issues.
- ThinkUKnow thinkuknow.org.au
- Run by the AFP, with videos and fact sheets on scams, safety, and smart choices online.
- Youth Law Australia Cyber Safety yla.org.au
- Free, confidential legal advice for young people dealing with online problems.









Australian STEM Video Game Challenge

Registrations: Open for 2025

Inviting students from Years 3 to 12 to design and build their own video games. The 2025 theme is "Journey".

This free, nation-wide challenge promotes coding, storytelling, and design skills while inspiring students to explore STEM in a fun, digital format.

Think Science! 2025 Registrations: Now open for 2025

An exciting science challenge for students in Years 7 to 10 that encourages curiosity and innovation through hands-on experiments and problem-solving activities. Think Science! connects students with real-world science concepts in a fun and interactive way.

<u>Australian National Virtual</u> <u>Debating Competition (ANVDC)</u> Registrations: Now open for 2025

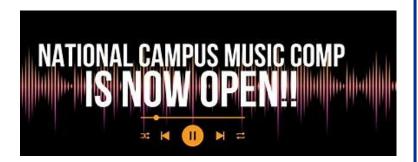
A national online debating contest for students in Years 5 to 12 that builds communication, critical thinking, and teamwork skills. Teams compete virtually on a variety of engaging topics, gaining confidence and experience in public speaking.





Enterprising Girl of the Year 2025 Registrations: Open until October 10, 2025

Celebrating girls aged 10–18 who are turning ideas into action through business, creativity, innovation, or community impact. Finalists will pitch their ideas at the Kickstarter Challenge Grand Final in Canberra.



National Campus Music Competition Registrations: Open NOW for 2025

Australia's longest-running student music competition, open to tertiary students across Australia and New Zealand. It offers a platform for emerging musicians to showcase their talent and gain industry exposure.



Insight Creative Writing Competition
Registrations: Open until September 1,
2025

Open to high school students across Australia, this competition encourages young writers to ignite their passion for creative writing.

The optional theme for 2025 is "Soulmates." Participants are encouraged to explore this theme in their creative pieces, but they can also write on any topic that inspires them.

With over \$3,000 in cash prizes and entries judged by acclaimed Australian authors, it's a fantastic opportunity to gain recognition

