



# Camp YMCA Lady Northcote

## Monday the 27th of November to Wednesday the 29th of November

Dear Parents/Guardians,

As you may have seen in the newsletter, this year our Middle School camping program will be held at YMCA Camp Lady Northcote from the 27th to the 29th of November. The three day, two night camp is a fantastic opportunity for students and we encourage students to take part as it is a personal development opportunity.

YMCA Lady Northcote Discovery Camp is a bush adventure camp located in the Rowsley Valley, less than an hour from Melbourne. During the camp, students will participate in many group and team activities during their stay.

The cost of the camp is approximately \$300 per student and will be confirmed early in term 4. Students will not require extra money. We will be departing and returning to school at normal school times. They will require a packed snack and lunch for the first day as we are traveling.

**Please Note:** Teesdale PS may **not** be able to refund camp costs if your child is a late withdrawal.

### **Dietary Requirements**

YMCA Camp Lady Northcote are excellent at catering for students with anaphylaxis, allergies and food intolerances. If your child has any dietary requirements that we need to make YMCA Camp Lady Northcote staff aware of please complete the information in the attached sheet.

### **Medicine**

A medical form must be completed prior to camp. You will receive this shortly. Please fill out all aspects of the form so that your child can be suitably cared for during their time at camp. If your child has medication to take while on camp, it must be clearly named and labelled with dosage requirements and placed in a named container or plastic bag. This will need to be handed to a teacher before departure.

Further information about the camp, including a packing list, dietary requirements and medical forms, will be sent out in Term 4.

If you need any more information about YMCA Camp Lady Northcote you can go to:  
<https://camps.ymca.org.au/lady-northcote-discovery-camp>

Thank you for your support, we are looking forward to camp!

Jackie Kearney, Grant Smith and Roxanne Wells,  
Middle School Teachers

# CAMP REQUIREMENTS

*Please ensure that all clothing and belongings are clearly named.*

*Please pack everything in one sturdy bag, as space on the bus is very limited. Students may bring a small backpack to carry personal belongings and their lunch. Sleeping bags are to be tied together and placed separately to the sturdy bag.*

## Clothing and Personal Requirements

- Sleeping Bag and pillow **OR** sheets, doona and pillow
- 2 towels
- Bathers
- Slippers for inside (carpeted rooms are a “NO SHOES” zone)
- Warm coat and rain jacket
- 3 or more jumpers / windcheater / polar fleece
- 3 or more pairs of jeans / tracksuits / long pants / shorts
- 3 or more long sleeved tops / skivvies
- T-shirts/short sleeved tops
- Warm pyjamas or tracksuit for sleeping
- 2 pairs of shoes (ideally sneakers) – **need to comfortable for walking**
- Pair of thongs for shower
- Underwear and socks (one pair for each day) – please include extras
- Personal toiletries packed in a toilet bag – toothbrush and paste, soap, face washer, comb, roll on deodorant etc.
- Plastic bag for dirty clothes
- Plastic drink bottle
- Small backpack used as bus carry on.

## Optional Items

Pencil case to complete camp booklet.

## Remember

- Please wear comfortable clothing as we’ll be walking and active each day

## **Please Note:**

**Following items are NOT brought to camp:**

- Mobile phones
- iPads
- Any digital devices
- Hand-held digital games and other electronic devices
- Chewing gum is strictly banned
- Aerosol cans are strictly banned
- Lollies/sweets