



## Careers Newsletter

**Disclaimer** – all information is printed in good faith  
It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email [jmadani@stpiusx.nsw.edu.au](mailto:jmadani@stpiusx.nsw.edu.au) or call 9414 4388.

### **JobJump - Parents and students please watch YouTube video and sign up**

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <https://www.jobjump.com.au/>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

**Parent information:** <https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be>

### WSU | Discover Western Webinar - Pathways, Alternative Entry and Early Offers

June 11, 2024

Hear from Western staff and current students about our HSC True Reward Early Offer program, how to accept your early offer and change preferences, other alternate entry programs and more.

[Find out more](#)

### UOW | HSC Subject Support Series

June 11 to July 12, 2024

UOW wants to support students in the lead up to trial and final HSC exams. In conjunction with [InspirationED](#), experienced HSC teachers/markers and UOW staff, we will be running free HSC subject revision programs across June and July for current Year 12 students.

The HSC Subject Support Series is designed to help students improve their knowledge and understanding of key subject content and discover what HSC exam markers are looking for. It has been designed to complement and add value to what is already being taught in the classroom.

Participants will have the opportunity to ask questions and receive tips and strategies directly from the most qualified and experienced HSC markers in NSW.

Students can select which subject specific sessions they want to attend, with both online and in-person options available. You can attend more than one session (all if you want!). The content delivered across the webinars and in-person programs will be different.

#### **Webinar series, online**

**Dates:** 11 to 18 June 2024

- Secrets from the HSC Marking Centre
- English Common Module (Advanced & Standard)
- English Standard Part 2
- English Advanced Part 2
- Biology

Online webinars will be recorded and uploaded to this site to revisit. Webinars run in the evenings for approximately 1-1.5 hours depending on the content.

#### **In-person events, Wollongong campus**

**Dates:** 9 to 11 July 2024

- English Standard
- English Advanced
- Mathematics Standard
- Mathematics Advanced
- Business Studies

The in-person sessions run during the school holidays for 2 hours and workbooks are provided. You must make



your own way to the campus.

### **Physics intensive (in-person), Wollongong campus**

**Date:** 12 July 2024

The Physics intensive will be 4 hours and consists of:

- 2 hours theory
- 30-minute lunch break
- 2 hours practical lab work

[Find out more](#)

### **UOW | Cyber Academy – Online information session**

June 12, 2024

The University of Wollongong (UOW) [Cyber Academy](#) is a first-of-its-kind initiative delivered in partnership with Deloitte and TAFE NSW and is designed to prepare you for a career in the fast-growing cyber security sector.

At this webinar, you can expect to learn about:

- The unique partnership between UOW, TAFE NSW and Deloitte.
- How the Cyber Academy combines nationally accredited education and training with paid work placement.
- The cyber security industry and the exciting career prospects available.
- What you need to apply for 2025 admission.
- You will also have the opportunity to participate in a live question-and-answer (Q&A) session with our expert panel.

[Find out more](#)

### **ISCD | Interior Design Info Session**

June 12, 2024

Our interior design info sessions are a great way to explore the foundations of design and discover if a career in interior design is for you.

Join from anywhere, ask questions in real-time.

[Find out more](#)

### **UNSW | Engineering Information Evening**

June 12, 2024

Join us online where you will hear from our expert panel of academic staff and advisors to gain insights about our range of programs designed to equip you with the skills and knowledge needed to excel in the engineering landscape of today and tomorrow.

You will also hear from our current students and alumni about their student experiences and the opportunities available to you as an Engineering student at UNSW.

Additionally, you will find out detailed information on the application and admissions process for 2025 entry, including our portfolio entry scheme and adjustment factors.

[Find out more](#)

### **University of Sydney | Study overseas and make the world your campus**

June 12, 2024

Whether it's two weeks, a semester or a whole year, we have an overseas study experience for you. We have the largest study abroad and exchange program in Australia, are partners with over 200 universities and offer scholarships to make overseas study accessible to everyone. This session will give you a snapshot of overseas study as you hear from our students about their journeys overseas and have your questions answered.

[Find out more](#)



## University of Sydney | Pathways to studying law at Sydney

June 12, 2024

Did you know, there are many pathways to studying law at the University of Sydney? Hear from our panel of current students who have joined the law community at Sydney through alternate pathways, transferring or studying graduate entry law.

[Find out more](#)

## UNE | 2024 HSC Booster Days

June 12 to June 13, 2024

UNE and specialist lecturers will present various sessions jam packed with relevant information to assist Year 12 students reach their full potential and are aligned with the HSC Curriculum and designed to enhance discipline knowledge, as well as inspire the students in their learning areas.

[Find out more](#)

## University of Newcastle | Parents and Carers Info Session - Port Macquarie

June 12, 2024

If you have a child who is currently completing Year 12, come visit us for our Parents and Carers Info Session. Parents and Carers will have the opportunity to hear from university staff and current students, with a presentation touching on areas such as:

- Our different entry schemes, such as the Early Entry Program, Schools Recommendation Scheme & Year 12 Subject Spotlight
- Our campus locations, accommodation, scholarships and more
- Student experience and support services available

Following this, there will be an opportunity for Q&As if you had any specific inquiries.

[Find out more](#)

## UTS | Early Entry Program info session

June 12, 2024

Join us to find out how to apply for the UTS Early Entry Program, the eligibility criteria, and advice for the transition from school to uni.

[Find out more](#)

## YLS (Young Leaders Summit) Sydney

June 14, 2024

Led by young leaders, for young leaders, YLS (Young Leaders Summit) is Australia's Premier Youth Leadership Day. It's a one-day, interactive summit designed to inspire and empower a generation of brave and creative young leaders.

YLS is a vibrant, leadership-centric summit that aims to cultivate a cadre of insightful, resilient and innovative young leaders. Broadening its scope to include all secondary students, YLS offers an invaluable experience not just for established young leaders but for every student. It is designed to inspire participants to embrace a leadership mindset and further develop their inherent leadership qualities.

[Find out more](#)

## University of Newcastle | Parents and Carers Info Sessions

**Bathurst:** June 18, 2024

**Armida:** June 18, 2024

**Tamworth:** June 19, 2024

**Dubbo:** June 19, 2024

**Mudgee:** June 20, 2024

If you have a child who is currently completing Year 12 we invite you to join us at our Parents and Carers Info Session on Tuesday 18 June in Bathurst.

Parents and Carers will have the opportunity to hear from knowledgeable university staff and current students, covering a range of different topics to assist you in supporting your child through their transition from high



school to university including:

- Everything you need to know about entry schemes and pathways to university, including our Early Entry Program
- How to best support your child through the HSC as well as tips for managing wellbeing and stress
- Have the chance to speak to current University of Newcastle Student Ambassadors about their first-hand experience transitioning from school to university, student life, support services and much more

You'll also have the chance to speak one-on-one with our friendly teams to ensure you walk away feeling confident and informed.

[Register for Bathurst](#)

[Register for Armidale](#)

[Register for Tamworth](#)

[Register for Dubbo](#)

[Register for Mudgee](#)

### University of Sydney | Why study business at Sydney?

June 19, 2024

Discover how our commerce degree prepares you for the future of work and a wide range of career opportunities. You will learn about the range of study areas and majors available including marketing, finance and innovation and entrepreneurship. Find out more about internships, industry-focused experiences, and global mobility opportunities in our Bachelor of Commerce.

[Find out more](#)

### Sydney Design School | Information Session

June 19, 2024

Find out everything you need to know about our flexible courses and career support. Our Director, Amanda Grace will introduce you to our unique philosophy, passionate Educators and industry focused approach to learning.

Our sessions are also streamed live online via Zoom. Register to receive a link closer to the date of your Info Session.

[Find out more](#)

### AIE | Information Evening

June 19, 2024

Discover the courses designed to get you started in game development, film, 3D animation and visual effects at the AIE Information Evening. The evening will include presentations on different areas of industry to get into as well as information about AIE full-time and part-time courses and entry requirements. We will be showing off AIE student work and our staff and teachers will be available to chat with you about our courses and how AIE can get you into a creative career.

[Find out more](#)

### UNSW | Year 12 Info Evenings: Your Journey to UNSW, Online

June 20, 2024

Discover your unique journey to uni and how to get there.

We'll cover how to preference for your dream degree, scholarship application tips and tricks, and how you can show you are more than just your ATAR.

The fun stuff won't be missed, you'll hear from current students about uni life, fun activities and how classes work.

[Find out more](#)



## University of Sydney | Meet the University of Sydney - Southern Highlands

June 20, 2024

Join us for an information evening to find out all you need to know about the University of Sydney!

Learn about our [Regional and Remote Entry Scheme](#) and [MySydney Scheme](#).

The session will also cover information about courses, admission requirements, entry schemes/pathways, fees, and scholarships, as well as the type of support available on campus. Uni students and alumni from Regional NSW will share stories, tips on moving away from home and advice about their journey to university and beyond.

You'll get the chance to speak with staff and students and have all your University of Sydney questions answered.

[Find out more](#)

## University of Sydney | ARTiculate English - Filming Techniques and Symbolism in 'Billy Elliot'

June 20, 2024

In this presentation, we'll explore how filming techniques and symbolism enrich the storyline of 'Billy Elliot'. We'll delve into the nuanced use of close-up and wide-angle shots, illuminating the emotional depth and harsh realities of working-class existence. The stark confinement of coal mines contrasts with the freedom of the dance studio, symbolising Billy's journey towards self-expression and liberation from societal constraints. Through motifs and metaphors, we'll examine themes of resilience, self-discovery, and the pursuit of freedom, encapsulating the transformative power of artistic expression in transcending societal norms and fostering personal growth.

*The ARTiculate Talk Series aims to provide senior high school students with additional support complementing the curriculum to enrich their understanding in HSC subjects related to arts, humanities, languages and social sciences.*

[Find out more](#)

## UOW | Open Days 2024

**Wollongong Campus:** June 22, 2024

**Liverpool Campus:** July 27, 2024

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our amazing campuses, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience. Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

UOW Open Day also caters to graduates who are considering further study, offering one-on-one consultations with postgraduate course experts. Whatever your education or career goals, our staff are able to answer your questions.

[Find out more](#)

## ACPE | Open Day 2024

June 22, 2024

Exploring your study options for a career in the sport industry? Join us on campus. See where you will study, meet our students and lecturers, and participate in info sessions and practical sessions to take the next step with confidence.

[Find out more](#)

## Western Sydney Careers Expo 2024

June 27 to June 29, 2024

Western Sydney Careers Expo celebrates its 14th year in 2024!

Our exhibitors include:

- universities, TAFE colleges and training providers
- providers of HSC resources, information and services
- organisations with apprenticeship information and opportunities
- organisations with employment opportunities
- organisations with cadetship opportunities
- career advisers and student support services



- providers of tutoring services, lecture and study skills programs
- providers of international exchange and GAP year programs
- providers of youth services and programs

Attend seminars on topics including:

- HSC subjects
- Subject selection advice for Year 10 students
- Tertiary courses
- Careers
- Employment opportunities
- Study advice
- Gap year options

[Find out more](#)

### AIE | Film Production Workshop

June 29, 2024

Learn what it takes to plan and produce a film shoot in this intensive film production workshop. You will get hands-on with cameras, lighting, and the latest in virtual production LED screens. Industry-experienced filmmakers will guide you in taking your script through the various production stages.

In this workshop, we will fast-track the film production process by choosing one scene and taking it through the pipeline from idea to finished shots. As part of this process, participants will be leveraging virtual production sets! This is an exclusive opportunity to learn more about this revolutionary technology which is empowering filmmakers.

This workshop is suited to participants 16 years+ that are interested in learning more about film, working in film crews and developing their own short films.

[Find out more](#)

### WSU | Open Day 2024

June 30, 2024

Open Day will be held Sunday, 30 June 2024 and is a great opportunity to discover all that Western has to offer. Explore course options, meet academics and find out about our pathway options.

[Find out more](#)

### The Hotel School | Sydney Open Campus 2024

July 6, 2024

Join us for a day filled with excitement and exploration at our University Open Campus, where you'll get to experience life as a student at The Hotel School. Here's what awaits you:

- Experience studying at THS firsthand by participating in a special Masterclass
- Meet The Hotel School team and explore our diverse range of courses and application process
- Discuss career opportunities with the Work Integrated Learning team
- Connect with our current students and fellow attendees
- Enjoy light refreshments

[Find out more](#)

### SAE | Create for a Day

July 6, 2024

SAE is opening its doors this July for a one-day program, designed to expand your skills and get you working on inspiring creative projects in the fields of Animation, Audio, Design, Film, Games or Electronic Music Production.

Don't miss out on your chance to experience life as an SAE student and discover what it means to be a creative professional, in state-of-the-art facilities with industry experts by your side.



During the workshop, attendees will learn valuable practical and collaborative skills to build a creative piece of work. They will also receive a certificate of participation to acknowledge the creative project they have undertaken.

[Find out more](#)

### UTS | Trace Day: Discover Forensic Science

July 9, 2024

Preparing to study with UTS Science in 2025? Take a deep dive into forensic science practice in our engaging workshops, hear about diverse careers options from industry speakers and meet academic teachers & students of our leading Bachelor of Forensic Science degree.

Solve a crime using trace evidence, explore our crime scene and specialist lab facilities & discover your future in forensic science.

[Find out more](#)

### Campion | Winter Program

July 9 to July 12, 2024

Join us for Winter Program, a unique opportunity designed for individuals who are earnestly contemplating enrolment at Campion College in 2024, 2025, or 2026.

Our immersive four-day program provides the opportunity to reside on campus and interact with like-minded peers. We have a fun-filled schedule including a bonfire night, movies, trivia, dancing and sports, as well as sample lectures from our history, literature, philosophy, theology and classics professors.

[Find out more](#)

### AIE | Industry Experience Day

July 10, 2024

AIE's Industry Experience Day is a great opportunity for students in Years 10, 11 and 12 to learn about the local and international game development, 3D animation and visual effects industries. Students will get the opportunity to learn about the different pathways to get into the industry, what should be in a portfolio and will be able to get creative in practical workshops using industry-standard 3D animation and game development tools.

The sessions are run by industry professionals who have worked on some blockbuster games and films. Everything is provided for you to participate in the hands-on workshops and you will be using the same software that is used in the industry.

[Find out more](#)

### AMPA | Dance Experience Day

July 10, 2024

Academy of Music and Performing Arts (AMPA) invites dancers 16 & above to join us on campus for a day of dance. Register and bring your friends along and get ready to move!

Dancers will have a chance to participate in contemporary & improvisation classes facilitated by AMPA's inspiring faculty and experience what studying dance full-time is like at AMPA. A Q&A with the program's Head of Dance will allow aspiring dancers, choreographers, and dance teachers, to gain further insight into tertiary education and how it can benefit their future careers.

[Find out more](#)

### AMPA | Music Theatre/Classical Experience Day

July 10, 2024

Academy of Music and Performing Arts (AMPA) invites aspiring Music Theatre and Classical musicians aged 16 and over to join us on campus for a day of music!

Attendees will have the chance to sit in on a performance class, participate in workshops/Q&As facilitated by AMPA's music faculty and experience what studying music is like at AMPA. Experience a day in the life of an AMPA music student to gain further insight into tertiary education and how it can benefit your future.

[Find out more](#)



## AMPA | Contemporary/Music Production/Composition

July 11, 2024

Academy of Music and Performing Arts (AMPA) invites aspiring Contemporary musicians, Music Creators and Composers aged 16 and over to join us on campus for a day of music!

Attendees will have the chance to sit in on a performance class, participate in workshops/Q&As facilitated by AMPA's music faculty and experience what studying music is like at AMPA. Experience a day in the life of an AMPA music student to gain further insight into tertiary education and how it can benefit your future.

Parents also welcome to attend.

[Find out more](#)

## Sydney Design School | Designer for a Day Workshop

July 11, 2024

Curious about what it might be like to work as an Interior Designer? We have developed the perfect one day workshop for students in Years 10, 11 and 12 to find out more. You'll get hands on in our studios experimenting with colour and materials. Find out what it takes to become a professional Interior Designer and understand what an average day looks like on the job! We've included a 3D modelling activity to give you an opportunity to create an interior space.

[Find out more](#)

## Tocal College | Open Day

July 12, 2024

Our College Open Days are a wonderful opportunity to visit Tocal and experience first hand all that it can offer students who are eager for a rewarding career in agriculture, agribusiness or horse breeding and training.

Open Days provide prospective students, their families and carers an ideal forum to visit the College and get a feel for what life as a student is really like.

Each day's activities include:

- an overview of full-time courses,
- a description of career opportunities,
- information on fees and financial assistance,
- inspection of College campus facilities,
- tour of Tocal's commercial farms and training facilities,
- opportunities to chat with staff and also undertake an informal interview (if desired).

[Find out more](#)

## AIT | Open Day

July 13, 2024

AIT's Open Day is perfect for those wanting to explore the endless opportunities available in the growing creative industries. This fun and interactive day is a great way to get further information on our curriculum, course requirements and study pathways. Our friendly staff & students will also be there to talk to and get advice from.

On the day you can expect to:

- Learn about our degrees in film, 2D and 3D animation, game design, and IT.
- Hear more about careers and study paths.
- Take a tour of our campus.
- Lunch included on the day.

[Find out more](#)

## NYSF STEM Hub, Sydney/Newcastle

July 16 to July 18, 2024

The National Youth Science Forum (NYSF) STEM Hubs are designed to give students a broader understanding of the diverse study and career options available in science, technology, engineering and mathematics (STEM) and to encourage continued studies in these fields.





A STEM Hub is a non-residential STEM experience where you can connect with STEM pathways and careers around Australia. You'll join exclusive behind-the-scenes experiences typically inaccessible to the public and connect with STEM professionals—a crucial networking opportunity for your future.

Whether you're passionate about robotics, biomedicine, astronomy, biology, or anything in between, there's a STEM Hub waiting to show you what a STEM career is really like!

If you have completed Year 12 in 2023 or are currently a Year 12 student (or equivalent) in Australia with an interest in STEM, we welcome you to the NYSF STEM Hubs!

Registrations will close at 12pm on 19 June 2024.

[Find out more](#)

### NIE | Future Doctors Australia, Sydney

July 18 to July 21, 2024

October 10 to October 13, 2024

Gaining medical work experience is essential for young people considering a career in medicine. It provides insight into the field, helps develop skills and attributes, and provides networking opportunities. However, obtaining medical work experience can be challenging due to various restrictions such as limited opportunities, safety concerns, and confidentiality issues.

That's why NIE has developed the "Future Doctors Australia" program. It is an engaging and high-impact 4-day program that provides young people with a unique opportunity to gain medical work experience in a safe and structured environment. Participants will have the opportunity to spend time with current junior and senior medical students. They will also have the rare opportunity to spend time with more senior clinicians and various medical specialists. You will get to learn about clinical specialist's relevant fields of work, ask them questions, and learn some hands-on skills from them.

- Over 15 hours of face-to-face interaction with leading specialists and clinicians
- Meet current medical students
- Develop advanced communication and team working skills
- Create new friendships with like-minded, highly driven young individuals
- Learn about the admission process into various medical universities in Australia
- Morning tea and lunch included

[Find out more](#)

### Tocal College | Open Day

July 19, 2024

October 4, 2024

October 11, 2024

Our College Open Days are a wonderful opportunity to visit Tocal and experience first hand all that it can offer students who are eager for a rewarding career in agriculture, agribusiness or horse breeding and training.

Open Days provide prospective students, their families and carers an ideal forum to visit the College and get a feel for what life as a student is really like.

Each day's activities include:

- an overview of full-time courses,
- a description of career opportunities,
- information on fees and financial assistance,
- inspection of College campus facilities,
- tour of Tocal's commercial farms and training facilities,
- opportunities to chat with staff and also undertake an informal interview (if desired).

[Find out more](#)

### ACU | Open Days 2024

**Blacktown:** July 27, 2024

**Strathfield:** August 17, 2024

**North Sydney:** September 7, 2024

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol.

You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts



about your study options and career goals.

[Find out more](#)

### Charles Sturt | Open Days 2024

**Port Macquarie:** Sunday 28 July

**Wagga Wagga:** Sunday 4 August

**Albury-Wodonga:** Sunday 11 August

**Bathurst:** Sunday 18 August

**Orange:** Sunday 25 August

What is Open Day? It's your opportunity to discover what life at Charles Sturt is all about. Open Day isn't just for students – parents and carers are welcome too!

Be inspired by our academics, explore our facilities and chat to current students about what studying with us is really like. From information sessions and campus tours to free food, entertainment and giveaways – there's something for everyone.

[Find out more](#)

### UTAS | Open Day 2024, Rozelle

August 3, 2024

Visit us at our Open Day 2024 event in Sydney. You will get to explore our campus, talk about your study options, and see how studying at the University of Tasmania could be the right fit for you.

[Find out more](#)

### SCU | Open Days 2024

**Northern Rivers:** August 4

**Coffs Harbour:** August 11

**Gold Coast:** August 18

Want to check out Southern Cross University campuses in person? Come to our Open Days at the Gold Coast, Northern Rivers, and Coffs Harbour campuses in August 2024.

[Find out more](#)

### 2024 Apprenticeship/Traineeship & Jobs Expos

August 6 to September 10, 2024

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts.

The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

Upcoming events:

- **Parramatta & Hills District:** Tuesday 6 August | 3pm to 7pm | Wenty Leagues – Wentworthville
- **Central Coast:** Tuesday 13 August | 3pm to 7pm | Mingara Recreation Club – Tumbi Umbi
- **Newcastle & Hunter:** Tuesday 20 August | 3pm to 7pm | NEX – Newcastle Exhibition & Convention Centre – Newcastle West
- **South Western Sydney/Macarthur:** Tuesday 27 August | 3pm to 7pm | Liverpool Catholic Club – Prestons
- **Western Sydney:** Tuesday 3 September | 3pm to 7pm | Penrith Valley Regional Sports Centre – Cambridge Park
- **Sutherland Shire:** Tuesday 10 September | 3pm to 7pm | Tradies Gymea – Gymea

[Find out more](#)



## Torrens | Open Days 2024

**Surry Hills:** August 8, 2024

**Ultimo:** August 10, 2024

Come and meet our academics and Future Student Advisors, who will be able to answer all your questions about scholarships, entry pathways and our world-class facilities. Explore our campus and find out firsthand how exciting studying in Sydney can be.

[Find out more](#)

## Macquarie | Open Day 2024

August 10, 2024

We can't wait to welcome you to our campus in 2024!

As we get closer to the event, we'll update you with more details. But in the meantime, here's a taster of what you can expect at our Open Day – an experience made for (YOU)<sup>us</sup>.

What you can do on Open Day:

- Attend an info session
- Speak 1:1 with our academics
- Learn about our entry options, adjustment factors, pathways and scholarships
- Chat to current students and Alumni
- Jump on campus and faculty tours
- Engage in faculty-led workshops
- Participate in hands-on social activities
- Enjoy entertainment, cool giveaways and much more!

[Find out more](#)

## La Trobe | Open Days 2024

**Albury-Wodonga:** August 11, 2024

**Sydney:** August 22, 2024

Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus – Open Day is the place to see it all.

[Find out more](#)

## AIE | Open Day

August 11, 2024

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day. This event will be held at AIE Campuses in Sydney, Melbourne, Canberra, and Adelaide from 10am to 3pm.

AIE's Open Day is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer – from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.

[Find out more](#)



## Sydney Careers & Employment Expo 2024

August 16 to August 17, 2024

Sydney's New Careers & Employment Event will open on August 16 & 17, 2024, at the Hordern Pavilion, Moore Park. The Expo will showcase over 120 organisations and employers with career opportunities for all ages. Entry is free.

The event is for school students, parents, teachers, graduates, job seekers, people looking for courses and workers seeking new opportunities.

[Find out more](#)

## University of Newcastle | Open Day 2024

**Central Coast:** August 17, 2024

**Newcastle:** August 31, 2024

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni life.

[Find out more](#)

## ICMS | Open Day 2024

August 17, 2024

The International College of Management, Sydney (ICMS) is a leader in career-focused education, offering internationally recognised undergraduate bachelor's degrees and postgraduate master's degrees at our Manly and Sydney City campuses. At the ICMS Open Day you will learn about all the degrees offered and discover why ICMS's personal mentoring approach could make all the difference to your future career success – and help you to make the most of your student years!

[Find out more](#)

## 2024 NYSF National Youth STEM Summit

August 17 to August 19, 2024

The NYSF National Youth STEM Summit is an exclusive three-day event, held annually in Canberra and designed for young Australians after they have left school, have started their first degree or training, and before they become more senior in their science and technology careers.

The STEM Summit is a conference-style event designed to support delegates' next steps in their career journeys. It enables delegates to connect with government, industry and academia and provides professional development opportunities through workshops, keynote presentations, networking events, a Careers and Study Expo, and discussions on the latest developments in STEM fields.

During the STEM Summit, there will be a number of opportunities for delegates to network with each other as well as with the wider STEM community. The STEM Summit will cumulate with a Gala Dinner at the Australian Parliament House to celebrate the 40th Anniversary of the National Youth Science Forum.

The STEM Summit is open to people between 18 – 25 (who have completed high school), regardless of whether they have completed previous NYSF programs.

[Find out more](#)

## ACAP | Open Days 2024

**Byron Bay:** August 24, 2024

**Sydney:** August 24, 2024

Open Day is your chance to experience the ACAP difference, and find your path in the applied professions.

Whether you're interested in Counselling, Psychology, Social Work, Criminology, Law, or Business, ACAP is your pathway to making a difference.

Be part of a workshop, meet our industry-renowned facilitators, and hear all about life as an ACAP student. Join us for a day of exploration and inspiration!

[Find out more](#)



## SAE Institute | Open Days 2024

**Byron Bay:** August 24, 2024

**Sydney:** August 24, 2024

Come along to SAE's Open Day and find your future in creative media!

Open Day is your ticket to everything SAE – get a taste of our courses in workshops, explore activations on campus and get some hands-on experience with our state of the art facilities.

[Find out more](#)

## University of Sydney | Open Day 2024

August 31, 2024

Join us at the University of Sydney Open Day on Saturday 31 August 2024. Experience our vibrant student life on campus, hear from academics and current students and discover what makes us different.

[Find out more](#)

## UTS | Open Day 2024

August 31, 2024

Info sessions, campus tours, workshops, dancing robots – UTS Open Day has it all. Get a taste of what students can expect at Australia's #1 young uni.

[Find out more](#)

## AIM | Open Day 2024, Sydney

September 7, 2024

Join us for Open Day, and experience everything AIM has to offer!

See our campus, get course advice, experience live performances, meet our teachers and students, and take part in activities that will give you a taste of student life here at AIM.

Whether you're ready to study now, or in five years' time, Open Day is open to all and a fantastic opportunity to discover how the Australian Institute of Music can help turn your passion for music into a career.

[Find out more](#)

## UNSW | Open Day 2024

September 7, 2024

Save the date for Open Day – Saturday, 7 September 2024! Get ready to explore our campus, connect with students and faculties, and discover the progress you can make at UNSW.

[Find out more](#)

## NAS | Open Day 2024

September 7, 2024

Ever wondered what it's like studying at art school? Peek behind the historic sandstone walls of NAS and find out at Open Day!

Everyone is welcome at Open Day, from those considering art as a career to anyone simply curious about what happens behind the school's historic sandstone walls.

It's a busy and active day-long program offering plenty of opportunity to see what life is like for students at NAS, with art demonstrations in the studios, and shows in our exhibition spaces.

Interested in applying to study at NAS? Attend an info session to find out more about studying at NAS. Meet with a member of our faculty and learn about our admissions process including advice on preparing your portfolio.

[Find out more](#)

## ACPE | Open Day 2024

September 28, 2024

Exploring your study options for a career in the sport industry? Join us on campus. See where you will study, meet our students and lecturers, and participate in info sessions and practical sessions to take the next step



with confidence.

[Find out more](#)

### DeadlyScience Pathways Program

October 22 to October 24, 2024

As part of the inaugural partnership between WEHI (Walter and Eliza Hall Institute for Medical Research) and DeadlyScience we are proud to officially announce the second iteration of the WEHI DeadlyScience Pathways® Program.

This Program will run from 22nd-24th October 2024 in Melbourne and will once again feature a three-day biomedical science immersion experience at WEHI's Parkville campus. The Program is designed to engage Aboriginal and Torres Strait Islander students in Years 9-10 in science and STEM related education and employment pathways, and as part of the Program students will participate in a wide range of activities and hear from some of the world's top scientists and key innovators from across the country.

The program is FREE for participating First Nations students and schools, and WEHI will provide support for those travelling from interstate, or from regional and remote Victoria.

We strongly encourage schools to [complete our Expression of Interest](#) and return to [pathways@wehi.edu.au](mailto:pathways@wehi.edu.au) **by the 9th June 2024.**

[Find out more](#)

### 2025 National Youth Science Forum Year 12 Program

January 6 to January 23, 2025

Are you in Year 11 in 2024? Apply now to join us in January!

The National Youth Science Forum (NYSF) Year 12 Program gives students that are about to start Year 12 a broader understanding of study and career options available in science, technology, engineering and mathematics (STEM).

Staying on campus at university colleges, students are immersed in science and technology. Participants:

- participate in tours of science and technology facilities,
- learn about cutting-edge research,
- engage with industry partners and research providers,
- learn about university, training and STEM career pathways,
- mix with like-minded students their age from all over Australia,
- participate in social and team building activities, and
- network with former NYSF participants.

In January 2025, the NYSF Year 12 Program will run two summer sessions at:

- The Australian National University, Canberra (6 –14 January)
- The University of Queensland, Brisbane (15 – 23 January)

As part of the application process, any students experiencing financial hardship or another disadvantage that negatively impacts their ability to attend the program may apply for an NYSF Access and Equity Scholarship. Students are also encouraged to approach Rotary Clubs after they have started their program application if they need funding support to attend the NYSF Year 12 Program.

**Applications close 15 July 2024.**

[Find out more](#)

### Pinnacle Foundation Scholarships

**Opens:** July 1, 2024

**Closes:** August 31, 2024

We provide educational scholarships, mentoring and opportunities for young LGBTQIA+ Australians to realise their full potential. Scholarships are awarded for full-time study at public institutions of higher education in Australia, for the purpose of gaining an educational or vocational qualification in any profession, trade or the arts.



[Find out more](#)

### NSHSS Film and Video Production Scholarship

**Opens:** March 19, 2024

**Closes:** September 13, 2024

NSHSS has created this scholarship dedicated to those interested in pursuing their studies in film and video production.

[Find out more](#)

### NSHSS Performing Arts: Dance Scholarship

**Opens:** March 19, 2024

**Closes:** September 13, 2024

NSHSS has created this scholarship dedicated to those interested in pursuing their studies in the performing arts. A portion of the application requires the applicant to submit a short video of their performance.

[Find out more](#)

### The ABC Heywire Competition 2025

**Opens:** March 4, 2024

**Closes:** September 1, 2024

Heywire is a lived experience storytelling competition from the ABC, calling for stories from young people aged between 16-22 in regional, rural and remote Australia.

Entries must be a true story about an aspect of your life. Stories can be in any format: text, video or audio — whatever form suits you best!

[Find out more](#)

### [Burnout: tips to prevent and manage it](#)

Are you feeling tired, demotivated, or just plain down in the dumps? Chances are you might be suffering from burnout. Emotional, mental, and physical exhaustion are all side effects of this too common condition. It might creep up on you, but when you're struggling with burnout, it can be all-encompassing. Don't worry though – you're not alone, and there are things you can do to prevent and manage it.

#### **When you feel like you can't go on**

Anyone can experience burnout – whether it's school, work, or personal factors influencing you, your mental load may feel increasingly difficult to handle when the stress is piling on.

Difficulty finding a [balance](#) between school, study, work, extracurriculars, and maintaining social connections can explain why you're feeling at your limit. We've all been there, but it's important that you identify how you're feeling and make an effort to turn things around. If you're reading this article, you've already taken the first step – well done!

#### **Find your mojo again**

If you feel like you're reaching the end of your tether, there are lots of things you can do to help your wellbeing. It's time to bounce back and feel like yourself again – and we're here to help.

#### **7 tips to reduce or prevent burnout**

Tackle burnout head-on with these 7 tips, and you could find yourself feeling better in no time.

#### **Remember to take breaks**

Whether you're actively learning and [revising](#), or your life is just busy, taking breaks throughout the day or before bedtime can help you to feel more in control. Incorporate rest periods into your to give you back some energy and keep your motivation up.

#### **Get some balance back**

It's hard to strike the [right balance](#), especially when it feels like everything is piling up. First, think about what stresses you out. Then, figure out ways you can remove them or reduce their impact. Setting boundaries (and



sticking to them) or learning to say “no” are often effective methods to start with.

### **Manage your time**

Making a plan or schedule can help you to visualise what time you have available and help you to see where you need to make changes.

Need help making a plan? [This self-care plan](#) from Black Dog Institute contains a personal planning template which you can use to identify your wellbeing needs. Smart Girl also has a [free daily planner](#) that you can use for study or if you just want to make a to-do list.

Decide what your priorities and go from there. Getting organised could help you remember important commitments and spend less time on things that don't make you happy or add value to your life.

### **Get some stress relief**

What makes you feel good? Plan to do whatever it is in your down time. Make the effort even if you're feeling low or too tired, because once you've done it, the chances are you'll feel a hundred times better.

Here are some stress relief ideas to get you started:

- Walking
- Swimming
- Hot bath or shower
- Yoga or meditation
- Reading
- Watching a movie
- Cooking
- Massage
- Hanging out with friends

### **Give your body what it needs**

You wouldn't expect a car to run on empty or if you filled it up with water. So don't expect your body perform at its best if you don't look after it.

You know what comes next: make sure you get enough [sleep](#), stay hydrated, make good food choices (but treat yourself sometimes too), and exercise. Doing all of these things could help you to focus better on what you need to get done.

### **Get creative**

Engaging the creative side of your brain can be a great distraction, but it can also help to boost your mood. You could try some creative writing, make some art, or listen to music.

If your regular de-stressing options aren't an option right now (e.g. you can't get to the gym or catch up with your bestie in person) try alternatives that might work for you instead.

You could sign up for online workouts, schedule a video call with your friends each evening after you've finished up with study, work, and chores, or just spend some time with your family.

### **Ask for help**

If you're in a really bad headspace or struggling physically and you're not managing to help yourself, then it's time to reach out.

There are lots of people who'll be there for you. Friends, family, teachers, your GP, online support services – all you have to do is let them know that you need a bit of extra help or support.

### **It's OK to not feel OK**

Whatever you do, don't brush your feelings under the carpet or keep struggling on. Taking action when you recognise the signs could help you to get back on track and feel like your old self again sooner.

You can find more wellbeing resources on our website [here](#).





## [How to apply to university in 7 steps](#)

Thinking about going to university once you've finished high school? The process can seem overwhelming, but if you know how to apply then you might find yourself feeling better about the way forward. If you'd like to join over one million Australians currently studying at uni, there are a few steps to follow; but we're here to walk you through them one by one in this article.

### Step 1 – Decide to go to university

The first thing you need to do is decide that you actually **want** to go to university, and that it's the right decision for you. We know that lots of parents want their children to go to university, and if your parents want you to go then it can feel like there's lots of pressure to apply.

Uni could be right for you if:

- You **want to study** a topic in depth
- You want a job that needs a **degree** (like teaching, nursing, engineering)
- You're doing well at school and want to **better yourself academically**
- You're doing well but you're **not sure which career path** is right for you

University takes an adult approach to education, so not only will you be studying in a flexible learning environment, you'll also be building your professional networks and gaining experience.

Plenty of people who go to uni are still unsure about what they want to do after graduation, and it's super common for uni students to change subjects mid degree.

If you need some inspo, take a look at the [most popular uni courses](#) to see if anything sparks your interest.

If you're still 'on the fence' about going to uni, it's a good idea to apply anyway. Not applying will guarantee that you don't get in, which means you'll have less options once school is over. If you've decided that applying is right for you, then move on to the next step. If not, you can check out [why an apprenticeship might be right for you](#).

### Step 2 – Choose what you want to study

Before you start looking at shiny university brochures and [going to open days](#), take a minute to think about the kind of things you want to study. You can approach this a couple of different ways, depending on how certain you are about your future career;

If you've **chosen** a preferred career pathway:

- Identify the **qualification requirements** for that pathway – do you need a degree? If so, which degree do you need?
- You may be able to choose from more than one degree, and if this is the case then **decide which ones you prefer**. For example, if you want to work in robotics, you could study mechatronics engineering, or mechanical engineering, or electrical engineering – work out which is right for you.

If you **haven't chosen** a future career:

- **Focus on things you enjoy and find interesting**, rather than pathways you aren't interested in. This means if you don't like maths and spreadsheets, don't pick accounting just because you think you'll earn lots.
- Look for more **general degrees** which give you a wide range of possible career options and allow you to specialise during your degree. For example, many business degrees have a general first year, then let you pick specific courses further on.
- **Avoid super specific degrees** unless you also like the career they lead to. For example, dentistry almost always leads to [becoming a dentist](#).

Once you've chosen what you want to study, write it down, and be clear about it *before* you start looking for somewhere to study it.

[Course Seeker](#) is a great one-stop-shop for looking at and comparing courses.

### Step 3 – Find somewhere to study

Where you go to study isn't as important as *what* you study. Once you've graduated, most employers won't really care where your degree was from, as long as you can do the work – all degree qualifications at the same level are considered equal within the [Australian Qualifications Framework](#).

There are some important things to consider when you're looking for a place to study:

- **Do they offer the course** you want to study? If not, cross them out.



- **Where will you live** if you study there? Can you stay at home for the first year or so, or are you keen to move out straight away? Will you be able to afford to live on campus? If you're thinking about living out of home, take a look at our accommodation database [here](#).
- **What opportunities do they offer for building your network?** Your network will be one of the most valuable things you gain from university, and the internships and connections you make there will give you access to better employment or business opportunities once you leave.

If you're in the lucky position of having a few good options to choose from, see if you can connect with current students at each university and get their feedback – are they happy with their course, are they getting the support they need, and what advice would they give you?

#### Step 4 – Prepare for application

Once you know what you want to study, and where you want to study it, you need to find out how you can apply.

You'll need to first find out about any **important cut-off dates**, so you don't miss out. Add these into your calendar – it could also be a good idea to tell your parents and other key people about them as well.

Next, find out what documents and details you need to apply. You'll [probably need your USI](#), and you may need other student numbers, depending on your state. Some courses may require you to complete additional processes, for example if you want to study medicine you may need to [sit the UCAT](#), which you need to do earlier in the year. **Find out what you need to do early**, so you can prepare in advance and don't end up missing out by accident.

The last step is to make sure you meet the ATAR or other entry requirements. ATARs are much less important than they used to be, and only a fraction of Year 12s rely on their ATAR as the only thing they use to get into uni. Regardless, you need to know what ATAR you may need, and if there are any other pathways you can use, find out what you need to do for them as well.

#### Step 5 – Apply and select your preferences

The application process varies depending on which university you've picked. Remember, it may not be enough to simply apply through the tertiary admissions centre in your state, so check **directly with the university** to make sure you have met all the entry requirements *before* you start your application.

When you apply, you'll also be asked to select your course preferences. The key thing to remember here is to **fill out every preference**, even if you don't think you need to.

You can always reject an offer, but if you only list one course, then you're limiting your options before you start. Even if you are 110% certain that there is only one course you want to pick, find a few similar courses and list them just in case.

We recommend you list your number one course choice first, then your second favourite. For the rest of the list, put some other courses you think you'd be happy with, and add a few 'easy' lower ATAR/requirement options at the end, which will give you a couple of backups.

Watch this [short video](#) for tips on choosing your preferences.

#### Step 6 – Wait

After you've submitted your application, you need to wait for an offer.

Use this time to get some space from your choices, [focus on your final exams](#) and enjoy the last few weeks and months of school. If you decide you want to change your preferences during this time then you'll be able to do so, but be mindful of the cut off dates and don't let it dominate your thinking.

#### Step 7 – Accept an offer and enrol

All Year 12 students who are eligible for an ATAR will get it just before Christmas, and if you've been successful, you'll [receive an offer](#) after that.

You'll only receive **one offer** for **each state** for **each round** (so if you've applied in NSW and Queensland, you can receive an offer for both states), and you'll get an offer for the **highest preference you are eligible for**. This means that if your top-rated preference requires an [ATAR](#) of 70, and you got 62, you may not get your first preference, but if your second preference requires an ATAR of 60 then you will receive an offer for that course.



If you want to take the offer, then follow the process to accept it and enrol. If you don't want to accept it, you can always wait for a later offer round to see if you get a higher preference, which does occasionally happen.

### **What are my other options?**

University straight out of school is not your only option. Lots of students [defer](#) for 6 or 12 months and work, gain another skill, or just have some time off. Other students start with a [VET qualification](#), [apprenticeship](#), or [traineeship](#), and from there they may work for a while and eventually go to university as a mature student. Whatever you decide to do, take some time to reflect on your choices, and don't rush into a decision. You can read more about university courses and pathways on our website [here](#).

### **[What to do when disaster strikes](#)**

There's never a good time for an emergency to happen, but sometimes we're powerless to what life throws at us. So if you have an accident, become seriously ill, are coping with grief, or if there's a natural disaster – what do you do when disaster strikes?

It can be easy to freak out about things that are out of our control, but there are a few things to remember that might help alleviate anxiety. Sometimes you can't avoid a crisis, but there are steps you can take to make it easier to manage. Don't forget, you're never alone, and there will always be someone to give you the help you need.

### **You are the priority**

Firstly, remember that you'll never be penalised for events that are beyond your control, and that the most important thing is to [take care of yourself](#).

### **If you can't be at school or an exam**

- **Reach out** – if you don't tell anyone about what's going on, they won't be able to help. You can talk about what's going on with a trusted adult, and they may be able to offer some resources or other options. It never hurts to have a helping hand.
- **Contact the school** – You'll need to do this ASAP, as they'll want to know that you're ok and start making alternative arrangements for you. Plus, if you leave it too late, it might be harder for them to make special consideration adjustments.
- **Get a medical certificate** -This is especially important in the case of missing an exam. Your GP or hospital should be able to provide you with one, and these days there are also options for getting one online or via telehealth. General medical centres also sometimes take walk-ins free of charge.

### **If you're already in an exam and start to feel unwell**

- **Let the moderator know** – they'll arrange for you to leave the room and school can help you get the help you need.
- **Get a medical certificate** – by obtaining this ASAP and giving it to the school, the exam board may be able to use an internal mark as a reference to calculate a replacement exam mark.

### **If you or a loved one are experiencing a mental health crisis**

- **Seek professional or medical help** – there are plenty of [mental health resources](#) available out there, and having a professional on hand is one of the best ways to address a mental health crisis head on. If this is a bit daunting, try [5 ways to get mental health support without talking on the phone](#).
- **Let your school know** – they also need to be aware of what's happened, so keep them updated. Again, they can only help you if they know about what's going on.
- **Get a medical certificate** – medical certificates are also necessary in these instances, so that exams can be rescheduled or alternative arrangements made to get you back on track with your studies.

It's important to know that the steps for navigating a mental health crisis is the **same** as any other serious medical crisis. Mental health is just as valid as a physically manifesting illness, and you are entitled to support just the same.

### **Educational disadvantage**



Years 11 and 12 are formative years of schooling, especially when preparing for the transition from secondary school to higher education. If something happens and your education is negatively impacted, your final grades may also be impacted as a result.

If you've suffered from situations like chronic illness, a learning disability, a death or other difficult family situation, mental illness or any other big upheaval in your life, chances are such experiences will affect your learning ability. Don't worry – most universities and tertiary admissions centres will have a process to make allowances for these kinds of exceptional circumstances.

Get more information from your relevant institution about the application process and any bonus points that you may be eligible for. Most universities also have a student support hub, so don't hesitate to reach out and make the most of the support you are entitled to at this difficult time.

### **Emergency situations during school time**

From lockdowns to fire alarms, your school is sure to have emergency procedures in place for your safety. You'll no doubt have practised these drills at school, but if you can't remember what you're supposed to do, remain calm and follow the instructions given by your teachers and other staff.

Once any potential danger has passed, you'll probably just have to go back to class and carry on with your day. Usually when an emergency happens at school other entities like police or fire-fighters will be called in, so once they give the all clear you should be able to rest assured that they've disposed of any threat to your safety. In the very unlikely event that returning to class isn't possible, your school will let you know what's going to happen and contact your parents or carers to update them. They'll always ensure you're safe, so be sure to follow directions.

### **Disasters outside of school hours**

If there's a bushfire, cyclone or other natural disaster near your home or school, (or that is predicted to affect those areas), your school will advise your parents if they'll be open and the protocols in place for if there's any change.

In all cases, if it's not safe for you to travel, or you cannot get to school – call the office if possible and wait until it's safe to sort out what can be done about any missed work or exams.

If you're in Year 11 and 12, you can find out more about management plans and reasonable adjustment processes for your state or territory here:

- [New South Wales](#)
- [Victoria](#)
- [Queensland](#)
- [Australian Capital Territory](#)
- [Western Australia](#)
- [South Australia](#)
- [Tasmania](#)
- [Northern Territory](#)

### **Always contact your school for advice**

No matter what happens, keeping an **open line of communication** with your school will allow them to help you, and do what's best for your health and wellbeing.

They'll always have up to date information about the steps you'll need to take and help you implement any action that you'll need to undertake.

### **Want more?**

You can check out more wellbeing tips and advice on our website [here](#).

### **[A high school student's guide to understanding tax](#)**

Feeling a bit confused about tax? You're not alone, but we're here to make it easy for you. We've spoken directly to the ATO, and they've provided us with a handy guide for high school student who might be new to



the tax system. So if this is you, you're in the right place.

### Tax for high school students

As a student, you probably don't spend much time thinking about tax. If you have a part-time or casual job though, it's time to make sure you understand the ins and outs of why tax might apply to you.

In this article, we'll take you through some important information and tips on how to lodge your tax return.

### Why does the ATO collect tax?

The Australian Taxation Office (ATO) collects tax to fund essential community services, such as:

- Healthcare
- Education
- Emergency services
- Roads and train lines
- Welfare and disaster relief

Chances are you use these services yourself – and your quality of life would go down if these services weren't available to the wider community.

Everyone with an income over a certain threshold needs to pay tax, which means there's only so much you can earn before you cross that limit and become taxable. We've made a list [here](#) so you can see the different tax-free threshold amounts according to which country you're in.

The good news though (depending how you look at it) is that the more money you earn the more tax you must pay. As a result, if you're earning a lower rate – say, if you're a student working part time – the amount of money you need to pay as tax will also be lower.

So, what else do you need to know about tax?

### Your tax file number

Your tax file number (TFN) is your **personal reference number** in the tax and superannuation systems. It's free to apply for a TFN, and your TFN is yours for life, even if you move to another country, change jobs or change your name. You don't have to have a TFN but **without one you pay more tax**. You also won't be able to apply for government benefits or lodge your tax return electronically.

Your TFN is one of the most important parts of your identity, so make sure you keep it secure. You should not share it with anyone except:

- The ATO
- Services Australia
- Your bank
- Your employer
- Your super fund
- Your registered tax agent

### Applying for a TFN

How you apply for a TFN depends on your circumstances, but it's completely free to [apply for a TFN with the ATO](#). To apply for a TFN **online** you will need to:

- Be 15 years or older
- Have an Australian passport
- Be an Australian citizen (which means you were either born here, or have a citizenship certificate)
- Have at least one other Australian identity document (e.g. driver's licence)
- To set up a [Strong myGovID](#)

If you don't have a passport or are under 15 years old, you can use one of the other [application options](#).

If you're struggling to set up your TFN, consider asking a trusted adult for help. Remember, they've had to do this before too.

### Lodging your return

You'll lodge your tax return **annually** – yes, you'll need to do this every year if you're earning over the tax limit we talked about earlier.

You can use a [registered tax agent](#) or lodge it yourself. If you're lodging your own tax return, it's due by 31



October every year. If you plan to lodge through a tax agent you usually have longer to complete your return, but make sure you contact them before 31 October.

If you choose to lodge your own tax return, [lodging online with myTax](#) is easy, safe and free. To use myTax, you need to have a [myGov](#) account, which you can [link to the ATO](#). Once linked, you can use myTax simply by clicking through to the ATO in myGov, then click **Prepare** to start your tax return. If you have simple tax affairs, your return should be processed in around two weeks.

You can check if you need to lodge a tax return using ATO's [Do I need to lodge](#) tool. Even if you don't need to lodge a tax return, **once you have a TFN you need to tell the ATO if a tax return is not necessary**. You can do this by completing a [non-lodgment advice](#), which can be done through ATO online services via myGov.

### What income should I declare?

You must declare **all the income** you receive from your job, government payments, investments, business and foreign income.

The ATO usually receive this information from your employers and financial institutions, but you will need to check to make sure it is complete and correct. You may also need to enter some of your income manually.

### What are deductions and how do I claim them?

If you spend money on things to do your job, you may be able to deduct these from your income on your tax return. These are called [deductions](#) and might include items like protective clothing or other equipment.

To claim a deduction for a work-related expense:

- you must have spent the money yourself and were not reimbursed
- the expense must **directly relate to earning your income**
- you must have a [record](#) to prove it (usually a receipt).

If the expense was for both work and private purposes, you only claim a deduction for the work-related part.

### Record keeping

If you claim work-related deductions, **you must have records** or be able to [show how you calculated your claims](#). Keep your records for five years from the date you lodge your tax return. Keeping track of your records on the go is easy with the [myDeductions](#) tool in the ATO app.

### Car expenses

You can claim a deduction for the cost of using your own car while performing your duties. This includes travel between different work locations, including for different employers.

You generally can't claim the cost of trips between home and work, even if you live a long way from your usual workplace or work outside normal business hours, as these are private in nature.

### Clothing expenses

You can't claim the cost of buying, hiring, repairing or cleaning **conventional** clothing you bought to wear for work, even if your employer says this is compulsory or you only wear it when you are at work.

'Conventional clothing' is everyday clothing worn by people regardless of their occupation – for example, business attire worn by office workers, black pants and a white shirt, or jeans or drill shirts worn by tradespeople.

You can claim the cost of buying, hiring, repairing or cleaning clothing if it falls within one of these categories:

- Occupation-specific
- Protective
- Compulsory uniforms
- Non-compulsory uniforms (registered with AusIndustry).

Make sure you keep records of your clothing and laundry expenses, [such as receipts or a diary](#), to prove your claims. You can't claim the cost of the item if your employer pays for or reimburses you for the expense.

### ATO app



You can keep on top of your tax and super with the [ATO app](#). By downloading this, you can quickly access your personal tax and super information in one place. Download it from the [Google Play Store](#) or [Apple App Store](#).

### **Need more info?**

The ATO is there to help you. If you need more information you can check out their [New to tax and super](#) page, ask a question on [ATO Community](#) or [contact the ATO](#).

You could also check out their handy [Get your tax right the first time](#) poster.

You can find lots more info and advice on all things financial on our website [here](#).