



St Vincent De Paul  
Winter Appeal  
2022

**What do you love about winter time?**



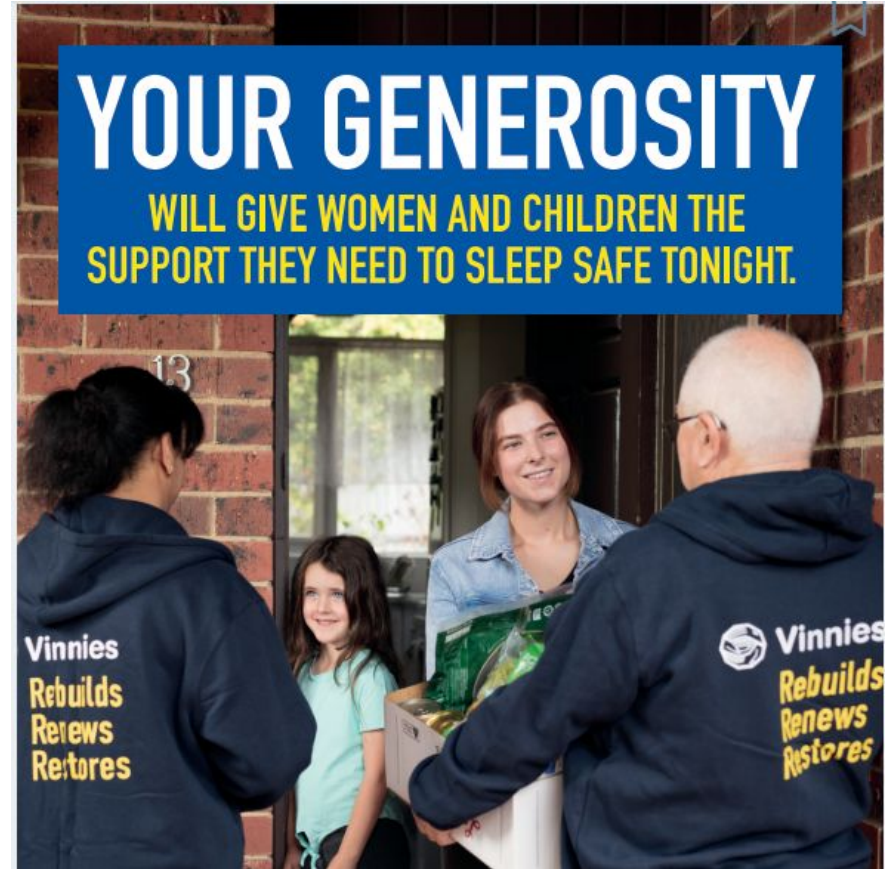
Many people don't look forward to winter because they don't have enough money to buy the essential items we need to keep warm

St Vincent De Paul needs  
our help to change this  
winter for many people in  
our local community who  
need it the most!

WE'RE HELPING  
VICTORIAN FAMILIES  
WHEN THEY NEED IT THE MOST.

The volunteers at Vinnies  
visit families in need  
throughout the year to  
offer them food, clothing  
and bedding.

Please Help -We Need Your  
Support



Can I hear you say  
'How can I help?'





# In your classroom you will have a bucket to place the items you bring in

We need non-perishable food donations to replenish our pantry

Tea/coffee/Milo/Longlife milk - small to medium packets preferred

Cans: soups, stews, beans, spaghetti, ham, spam, tuna, salmon, vegetables, fruit

Dry Food: Pasta, rice, weet-bix, rolled oats

*(NB. Please check the use-by dates on food items before donating)*



## We need to help keep people warm

- New or clean used blankets - single, double, queen
- Warm socks, beanies, scarves, gloves



## We need to help families with the basics

- Toilet paper, Soap, Shampoo/conditioner, toothpaste, tissues
- Washing powder/liquid; Dishwashing liquid; Nappies





Let us be agents of change at  
St James by helping others

