



YEAR FIVE COFFS HARBOUR EXCURSION 2018

DATES: Wednesday 14th November to Friday 16th November.

COST: The final cost for the excursion is **\$300 per student, less your deposit of \$50** if already paid.

Please note that all payments must be made by 19th October. If you have not yet paid the deposit please pay the total cost of \$300. The following payment plan may be used:

- Deposit \$50 Due 29th June (NB: Most deposits have been paid)
- Instalment 1 \$125 Due 16th August
- Instalment 2 \$125 Due 19th October



Qkr!
by MasterCard

The medical form following can be completed online when making your payment using Qkr! from the St Mary's Skoolbag App. Qkr! is the school's preferred payment method. Other methods of payment are still accepted at the School Office.

ACCOMMODATION: Coffs Coast Beach School (Coffs Coast Conference & Camping Centre) Bonville Station Rd, Bonville.

TRAVEL: Edwards Coaches. The bus is fitted with seatbelts and these must be worn at all times when travelling.

SUPERVISION: Mrs Teonie Flynn, Mrs Frances Tafra and the 5C Teacher are the supervising teachers. **We also need male parent helpers. If you are interested please contact the office.**

MEALS: Freshly made, healthy meals will be provided for the students whilst on the excursion. Those students who have special dietary requirements will be catered for, but **this must be indicated on their medical form.**

All students will be required to assist with a general clean up after meals. Extra lollies, snacks etc. will not be required. Large quantities of lollies or other foodstuffs are unnecessary and will be confiscated if found.

EXPECTATIONS: MOBILE PHONES, ELECTRONIC DEVICES, GAME CONSOLES, IPODS AND IPADS: Children **will not be permitted** to take these items for any reason. This decision has been made because the activities that students will be participating in are not conducive to carrying these items. It is also very disruptive to have some students with access to these devices and some not, particularly at night time. This type of equipment is just another expensive item to be cared for.

The aim of the excursion is to provide opportunities for card games, word puzzles etc. to develop the students social competencies.

In case of an emergency: The following arrangements will be in place where parents can contact us-

* One staff member will ring the school each day to check in.

* In an emergency a staff member will immediately ring the child's family and remain in regular contact.

MEDICATION: ALL medication (including travel sickness medication) needs to be **clearly labelled with the child's name and dosage particulars**. Any medication included on the medical form must be included, as well as anything you think your child may need e.g. Panadol. The teachers will not be able to administer any medication without parental permission.

Medication needs to be placed in a **zip lock bag** and given to Mrs Flynn on the morning of departure. Asthma medication should be carried by the child.

POSSESSIONS: The children are expected to be responsible for their own possessions. This includes cameras, etc. The adults will not be minding children's possessions. Please consider carefully the items that would be better off left at home.

BEHAVIOUR: Every child has the right to enjoy the excursion and to be safe. With this right comes the responsibility to behave, allow others to feel safe, to enjoy the excursion and to represent the school well.

In cases of severe misbehaviour, parents/guardians would be expected to come and collect their child. Severe misbehaviour could include incidents such as: vandalism, physical abuse of a child or adult, constant disobedience, leaving the group, stealing.

"LIGHTS OUT" MEANS SILENCE: Children with inadequate sleep spoil the excursion for themselves and others. We will be enforcing this rule strictly.

SPENDING MONEY: No spending money will be required.

ORGANISATION: Children will be expected to keep their rooms tidy and have clothing and possessions organised.

CONSIDERATION OF OTHERS: The children need to understand that a school excursion is very different to a family holiday and therefore needs to be looked upon very differently. Consideration of others, following directions and cooperation are all very important aspects to ensure the success of the excursion and the enjoyment of all attending.

WHAT TO BRING:

- A bath towel and a beach towel
- Bedding - pillows, sleeping bag or sheets and blanket
- Toiletries- including soap and shampoo as these won't be provided. No aerosol deodorants, sunscreen or insect repellent as these can trigger asthma
- Sunscreen & Hat
- Water bottle
- Sunglasses (optional)
- Comfortable casual clothing for each day –NO SINGLET TOPS PLEASE, OR SHORT SHORTS as these items are unsuitable for the activities planned
- Sneakers
- A spare pair of OLD sneakers and one set of OLD clothes. These clothes **will** get wet and muddy and may need to be thrown out. (Please supply a small plastic bag to keep these clothes separate from other washing)
- Large plastic bag for dirty clothes (to keep inside your main bag)
- Packed Morning Tea and Lunch for Wednesday
- Reading material, cards, puzzles etc for the bus
- G rated DVDs (clearly named and given to teachers on arrival)

LUGGAGE: One small day bag on the bus and one main bag under the bus. Please keep the main bag as small as is practical. Children will not have access to the main bags when travelling on Wednesday and Friday. Anything needed on the bus on big travelling days needs to be placed in the day bag.

ARRANGEMENTS FOR WEDNESDAY DEPARTURE:

- Departure Time: 8.00am from the Jessie St Bus Bay. Please arrive at 7.30am
- A packed lunch and drinks are needed for Wednesday. No fizzy drinks are allowed during the trip. A packed lunch is provided by CCBS on Thursday and Friday.
- The children may carry and consume WATER on the bus. Any other drinks are to be kept for morning tea and lunch. No food, snacks, lollies etc are to be eaten on the bus. **Chewing gum of any sort is BANNED.**
- Children can bring G rated DVD's to share with the rest of the bus.

ITINERARY

| TIME | ACTIVITY | NOTES |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| Wed 14th Nov | | |
| 11:30am | Activity at National Marine Science Centre | |
| 2:30pm | Afternoon Tea | Own afternoon tea to be provided. |
| 3:15pm | Activity Botanical Gardens | |
| 4:15pm | Depart for the Centre | |
| 4:45pm | Arrival/ Welcome at the Centre | |
| 5:15pm | Settle into dorms/ Own Program | |
| 6:00pm | Dinner | |
| 7:00pm | Night Activity 1 | |
| 8:00pm | Supper | |
| Thur 15th Nov | | |
| 8:00am | Breakfast | |
| 9:00am | Onsite Activity Rotation 1 | |
| 10:30am | Morning Tea | |
| 11:00am | Onsite Activity Rotation 2 | Group 1: Archery Group 2: Giant Swing Group 3: Mega Drop |
| 12:30pm | Lunch | |
| 1:30pm | Onsite Activity Rotation 3 | Group 1: Giant Swing Group 2: Mega Drop Group 3: Archery |
| 3:00pm | Afternoon Tea | |
| 3:30pm | Onsite Activity Rotation 4 <i>*Participants must wear T-shirt, shorts and enclosed shoes that can get wet and muddy. We advise bringing a spare towel, plastic bag to take dirty clothes home in and another pair of enclosed shoes for the rest of camp.</i> | All In: Commando Course* |
| 6:00pm | Dinner | |
| 7:00pm | Night Activity 2: | Big Screen Movie (Please bring own DVD's) |
| 8:00 | Supper | |
| Fri 16th Nov | | |
| 7.30am | Vacate Dorms | |
| 8:00am | Breakfast | |
| 9:00am | Depart The Centre | Packed lunch provided |
| 10.15am | Morning Tea | |
| 10:30am | Offsite Activity | |
| 12.30pm | Lunch | |
| 1.30pm | Depart for St Mary's | |
| 3.00pm Approx | Arrive at St Mary's | |

ST MARY'S PRIMARY SCHOOL, ARMIDALE
MEDICAL INFORMATION FORM FOR MAJOR EXCURSIONS

Student Name _____ DOB _____ Class _____
Address: _____
Medicare Number: _____
Private Health Provider: _____ Policy Number: _____

Parent or caregiver contact details:

Name: _____
Address _____
Home phone: _____ Work: _____ Mobile: _____

Emergency alternative contact/s details :

1. Name: _____ Phone: _____
2. Name: _____ Phone: _____

Medical Practitioner: _____ Phone: _____

Existing medical conditions or illnesses (include asthma, diabetes, epilepsy, etc.). Outline the best treatment for each.

Allergies to:

Penicillin: _____
Other drugs: _____
Any foods: _____
Other: _____
Any special care needed: _____

Medication/s to be administered during the excursion. Include name of medication, instructions for administration, time of administration, and any possible reactions. Please include panadol and travel sickness medication:

Does your child have any night time problems which should be brought to our attention? Please give details and other information which could be important:

Any additional aspects that staff should aware of:

Parental Consent:

My child _____ class _____ has permission to attend the educational excursion to Coffs Harbour from 14th November to 16th November 2018.

I understand that he/she will be travelling by bus.

In the event of any illness or accident, I authorise the obtaining on my behalf of such medical assistance as my son/daughter requires.

I understand that should it become necessary for alternate arrangements to be made to transport my child home (eg due to medical emergency or my child being removed from the excursion due to behavioural issues) that I am liable for the associated costs involved.

Signature of parent or caregiver: _____ Date: _____