

LGBTQIA+ Resources for students

Headspace and qheadspace https://headspace.org.au/lgbtiqaplus/	Every Tuesday between 6.15pm – 9.15pm headspace host a community discussion, where you can chat with other young people about all things LGBTQIA+ every. headspace also offer 1-on-1 support (either on the <u>phone or via webchat</u>) and have a range of great articles, videos and resources to help you understand and explore <u>gender identity</u> , <u>sexuality and sexual identity</u> .
Kids Helpline 1800 55 1800 https://kidshelpline.com.au/	Kid Helpline provide free counselling (phone or webchat) for young people aged up to 25 years. They are available 24/7 on 1800 55 1800. They also have resources including LGBTIQ+: The Ultimate Dictionary.
Minus18 https://www.minus18.org.au/	Minus18 support LGBTQIA+ young people across Australia. They organise fun, safe events where young people can celebrate LGBTQI+ pride and diversity. You can also find information and resources on the website, including how to be an active LGBTQIA+ ally, how to make queer friends and tips for coming out . There's also lots of information for families and friends .
QLife 1800 184 527 https://qlife.org.au/	Qlife provides anonymous LGBTQIA+ peer support and referral services for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships. Qlife offer both telephone and webchat support from 3pm – 12am (midnight), 7 days a week.
QueerSpace https://www.queerspace.org.au/	Queerspace provide counselling, case management, individual advocacy and other support services (including mentoring, family education and support groups) for LGBTQIA+ people. Queerspace youth is a program for young people aged 18-25.



Reachout	Reachout has a range of information and resources for young people, including
	everything you need to know about gender and stories from other young trans people.
https://au.reachout.com/	
Switchboard & Rainbow Door	Switchboard provide peer-driven support services for LGBTQIA+ people, their families, allies and communities. Rainbow Door is a free specialist LGBTQIA+ helpline that
https://www.switchboard.org.au/	provides information and support to LGBTQIA+ people, their friends and families. They
https://www.switchboard.org.au/rainbow-door	are available 10am-5pm, 7 days a week on 1800 729 367. You can also text (0480 017 246) or email (support@rainbowdoor.org.au)
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The Drum	Queerspace Youth at The Drum host several support groups for young people. Each fortnight they hold events in Carlton and the City of Yarra for queer, trans, gender
https://thedrum.ds.org.au/program/queerspace-	diverse and questioning young people aged 18-25. Queer and Trans People of Colour
youth/	aged 18-25 years can also participate in <u>(in)visible</u> , which connects young queer and trans people from diverse cultural and religious backgrounds.
https://thedrum.ds.org.au/program/invisible/	
Transcend	Transcend support and celebrate young trans, gender diverse and gender non binary young people. Their website has lots of information that can be shared with family and
https://transcend.org.au/	friends, as well as resources about services and your rights.
Ygender	Ygender is a peer-led support and advocacy organisation for trans and gender diverse young people. They run social events and discussion groups for young people aged under
https://www.ygender.org.au/	25 years, and have a range of resources including <u>videos</u>