

## What's On This Week

### [Torrens University | Virtual Open Day](#)

January 31 to February 4, 2023

Jump online for our Virtual Open Day to get the information you need to turn today's dream into tomorrow's career. Hear from academics who are leaders in their field; guest speakers who are trailblazers in their industries; and Course and Careers Advisors who knows the ins and outs of our courses, internships, scholarships and campuses.

[Find out more](#)

## Important Future Events

### [BiG Day In Sunshine Coast](#)

March 2, 2023

Join us at Venue 114 Bokarina for BiG Day In Sunshine Coast on 2 March 2023. Hear from presenters from organisations such as Technology One, Microsoft, Defence Force Recruiting & more to learn where a career in technology can take you.

[Find out more](#)

### [CQUni | Rockhampton University Experience](#)

March 3, 2023

University Experience is a free, one day on-campus event allowing Year 12 students an opportunity to explore their post-high school options, including both higher education degrees and TAFE courses. It provides high school students an opportunity to experience a day in the life of a CQUni student.

- Explore study options after high school and participate in a fun, experiential day at CQUni Rockhampton campus
- Pre-select areas of interest and participate in hands-on activities delivered by CQUni teaching staff and current students
- Get a taste for student life – tour the campus and talk to students about their experience with us

[Find out more](#)

## Scholarships

### [Scholarships for Regional and Remote Students](#)

If you live far away from the nearest university, it might seem like the costs of moving town are too much. Thankfully, universities and other institutions recognise this, and provide scholarship opportunities tailored to people living in regional and remote areas. So if you think it's too expensive to move away for uni, think again.

### **Am I eligible for a regional or remote scholarship?**

Regional and remote scholarships are, as the name suggests, available to people who live in regional and remote areas. Most universities and private institutions will assess whether or not you live in a regional or remote area by using the [Australian Statistical Geography Standard \(ASGS\) 2016](#). You will usually need to have lived or studied in an area classed as regional or remote for a certain period of time.

Not only do these scholarships support you to move *away* from home, but some also assist with *staying* in regional and remote areas – providing more incentive for people to study and work where jobs are needed most.

### **Why should I apply for a regional or remote scholarship?**

There are lots of reasons you might want to apply for a regional or remote scholarship:

1. **Financial assistance:** This is generally the main reason you'll apply for a scholarship. The money can go towards things like tuition and study expenses, moving costs, accommodation, or other expenses.
2. **Accommodation assistance:** Sometimes regional and remote scholarships come with bonus perks, such as priority access to accommodation or discounted rates.
3. **Development opportunities:** Some scholarships are designed to encourage students to study and work in regional and remote areas, and come with bonuses including exclusive events, development workshops, and career counselling.

While some scholarship applications can be competitive, there are often hundreds of scholarships that go unawarded each year because nobody applies – there's no harm in giving it a go.

### **5 regional and remote scholarships to check out**

Here are some regional and remote scholarships we've found that you might like to take a look at:

- [Rural and Regional Enterprise Scholarships](#) – supports people in regional and remote areas studying from Certificate IV through to PhD level.
- [Bendigo and Adelaide Bank Uni Scholarship](#) – for students living in rural and regional Australia looking to study at an undergraduate bachelor's degree level.

- [Destination Australia Scholarship Program](#) – funds eligible tertiary education providers to offer scholarships to domestic and international students to study and live in regional Australia.
- [ANU Rural and Regional Equity Scholarship](#) – to increase access and provide opportunities for students from regional and remote areas of Australia.
- [UNSW Engineering Rural Scholarships Program](#) – to assist high-achieving students from rural or isolated areas commencing studies in the Faculty of Engineering at UNSW.

You can also search our [Scholarships Database](#) for tons more scholarships, or contact the university of your choice and ask about scholarships.

### Some scholarships you may be interested in:

#### [ANU Tuckwell Scholarship Program](#)

Open: March 1, 2023

Closes: April 3, 2023

Value: \$24,700 AUD per year

#### [University of Melbourne Hansen Scholarship](#)

Open: February 3, 2023

Closes: March 30, 2023

Value: Up to \$108,000 AUD

#### [ACU Law – Equity Scholarship](#)

Open: August 1, 2022

Closes: March 1, 2023

Value: \$5,000 AUD

## Apprenticeships and Traineeships

### [Aged Care Traineeship Spotlight](#)

If helping and caring for others is your passion, and you don't mind putting in a bit of hard work, a career in aged care could be perfect for you. There are currently tons of jobs available in aged care, and there is expected to be even more in the future with [growth of 28% over the next few years](#). One of the best ways to get qualified for this career is by completing a traineeship.

### **What is a career in aged care?**

Aged care workers are responsible for assisting and caring for people as they grow old. They can work in a variety of environments, including aged care and retirement homes, hospitals, clinics, and even travelling to people's homes. You will be expected to provide both physical and emotional support, and treat clients with dignity and respect.

### **What skills do I need for a career in aged care?**

You'll be working with people from all walks of life and will need to be friendly, empathetic, and respectful. A lot of the work can be very physical, so being fit and healthy is a huge advantage. The job can also be both emotionally rewarding and draining, so high emotional resilience is essential.

### **Why should I consider an aged care traineeship?**

Traineeships are a great way to gain both practical on-the-job skills and theoretical knowledge at the same time. They combine VET study alongside paid work experience in a real business, so you get the best of both worlds.

Aged care traineeship will see you doing real work for an employer while completing study with a TAFE or RTO. An aged care traineeship usually takes around 1-2 years to complete, depending on whether you work and study full- or part-time.

There are tons of benefits to a traineeship, rather than just work or study alone, including:

- Getting paid while you learn – unlike uni, you can work and study without having to take on an insane work load.
- The opportunity to get hands-on experience, not just endless reading.
- The potential to connect with an employer and continue working with them after your traineeship is finished.
- Your qualification will be nationally recognised, meaning you can go anywhere with it.

### **Where can I find traineeship opportunities?**

Just like searching for a job, there are lots of places you can go to find a traineeship. You can start your search on sites like [SEEK](#) and [Indeed](#). Take a look on social media like Facebook or LinkedIn to see if any local businesses are hiring. Sign up with an [Apprenticeship Network Provider or Group Training Organisation](#), or even go old fashioned and take a look in the local paper or give local businesses a call.

Here are some examples of the kinds of opportunities available:

- [Individual Support Worker Traineeship \(Aged Care\)](#), Adelaide SA
- [Trainee Residential Care Worker](#), Oakey QLD
- [TLC Aged Care Traineeship Program](#), various locations, VIC
- [LiveBetter Traineeships](#), various locations, NSW

## Getting Ready for Work

### Places to Search for Jobs Online

Gone are the days when a job search started with a pen and the local newspaper. These days, most people find out about job opportunities through the internet. It's great because it means job opportunities are more accessible than ever – but it can also be kind of overwhelming when there's so many options out there. So if you want to search for jobs online, we've found some of the best places to look.

### **Why should I search for jobs online?**

As we mentioned above, one of the main reasons is accessibility. Pretty much every employer, from multi-national corporations to your local fish and chip store, is posting job openings online. Some places might even do a combination of both (like putting a sign in the window and an ad up on Seek).

Having access to job opportunities at your fingertips makes it easier for you to find what's out there – especially if you're looking for work in a different city (or even country).

### **Where can I search for jobs online?**

If you want to start your job search, here are some of the places you might like to check out.

#### **Job boards**

These sites work a bit like ads in the newspaper, but they're all online instead. They offer a place where job seekers can search for and employers can advertise opportunities. They provide access to jobs in tons of different industries, for all skill levels, and in almost any location imaginable, all in the one place.

Some of these sites even offer “matching” services, where you upload a resume or create a profile, and are matched with employers that might suit you.

Here are some popular ones you can check out:

- [Seek](#)
- [Indeed](#)
- [Jora](#)
- [CareerOne](#)

#### **Company websites**

If you're keen to work for a specific company or organisation, many of them have job openings advertised on their own website. This usually applies to larger companies and organisations, such as a big business or government body (including your local council). For example, a big

company like [Rio Tinto](#) has a dedicated careers section on their website. So does the [SA Government](#).

### **Social media**

Lots of businesses will share job openings on social media. Some social media sites, like [LinkedIn](#), are purpose-built for careers and have a job search section. You might like to join job search groups on [Facebook](#), or follow your dream company on [Instagram](#) to see if they post about upcoming job opportunities.

### **Apprenticeship Network Providers**

These sites are great for people looking specifically for apprenticeships and traineeships. They also often include lots of other great advice for apprentices and trainees, and can help connect you with employers and training providers. Some examples include:

- [BUSY at Work](#)
- [MEGT](#)
- [Sarina Russo](#)

### **Government sites**

There are also lots of government websites and services out there to help you find work, such as [Workforce Australia](#). These sites are also great for finding out other useful information, like training options and pathways, your rights and obligations at work, and linking you to service providers who can help with your job search.

If you want to find out more about jobs and careers, take a look at the resources on [our website](#). Or grab a copy of our [Getting a Job Guide](#).

## **Work Experience**

### **[5 Places to Find Virtual Work Experience](#)**

Sometimes it can be tricky to find work experience. Maybe the program you wanted to do is full, or it's in a city that's far away. Luckily, there is another option – virtual work experience. An increasingly popular option, virtual work experience gives students from anywhere in the country the chance to experience working in a place they might not have had the option to before.

Here are some places that offer virtual work experience you might like to check out.

## **Forage**

[Forage](#) is an Australian-founded company that offers virtual work experience programs and internships from over 100 companies worldwide, including some pretty big names. You don't need any prior experience to sign up to one of their programs, and they are totally free. Find the programs on offer [here](#).

## **CSIRO Virtual Work Experience**

For the past few years the CSIRO has been running a virtual work experience program, letting students from around the country get a taste of a career in STEM research. You even get the opportunity to work on projects linked to real-world CSIRO research. Take a look at the program [here](#).

## **Grandshake**

Grandshake is another Australian company offering great virtual work experience programs. They have a variety of areas to choose from, and also offer short microcredentials to boost your skills. And the best part is it's all completely free. See what they have to offer [here](#).

## **PwC Virtual Case Experience**

PwC's Virtual Case Experience is an interactive online platform providing virtual work experience to students. You'll work on simulated client projects virtually, from wherever you are and on your own time. Find out more [here](#).

## **Work Window**

Work Window offers interactive virtual reality job shadowing and informational interview experiences to students, allowing them to get a taste of their career and help narrow down their choices. To use Work Window, your school will need to sign up for access. Take a look at what's on offer [here](#).

Want more? You can access our [Work Experience Database](#) and find tons more opportunities, both in-person and virtual.

# **Competitions**

[How to find competitions that look great on your resume](#)

We've already talked about [how and why you should put competitions on your resume](#) – but how do you actually find competitions to participate in? In this blog we'll provide some tips and resources to help you find competitions.

### **Search engines**

As with most things, jumping into a search engine (like Google, Bing, or DuckDuckGo) is a great starting off point. In your search, make sure you include what kind of competition you're looking for (e.g. art, debating, maths, etc.), and consider adding things like:

- whether or not you're a student
- the country or state you're in

You might find that searching “art competitions for high school students in Australia” will net you more useful results than just searching “art competitions”.

### **Online databases**

There are lots of sites out there that do the hard work for you, finding competitions and listing them in one easy to access place. Here are some we've found to get you started:

- [Australian Writers' Resource](#) – lists a variety of writing competitions from both Australia and overseas
- [ArtsHub](#) – lets you search for arts awards, prizes and competitions, from film to performing and visual arts
- [Aussie Educator](#) – has a great database of student competitions
- [Study Work Grow](#) – we have our own competitions database, packed with opportunities of all kinds

### **Ask your school**

Lots of great competitions, particularly in areas like debating, STEM, and languages, are organised through schools instead of students signing up directly. It's always worth asking your teachers if your school will be participating in any competitions – and if you've found one that looks interesting, you could pitch the idea and get your school to participate.

### **What should I look for in a competition?**

If you think you've found a great opportunity, don't just blindly sign up. There are a few things you should check first:

- Read eligibility criteria carefully – ensure you're the right age, from the right country, etc.
- Do some research – see if the organisation offering the competition looks legitimate
- Entry fees – though many competitions are free, some might require you to pay an entry fee to participate



- Closing dates – make sure you’ll have enough time to submit a worthwhile entry  
If you’ve done all this and it all looks good, then all that’s left to do is enter – good luck!

### [Anthology Cover Art Competition 2023](#)

The *Anthology* Cover Art Competition is established to foster and support both established and emerging visual artists and provide a platform for publication, the cover art competition is open to multiple genres including painting, printmaking, mixed media, photography and digital media.

Works entered must not have appeared on the cover of another publication and not entered simultaneously in any other contest or competition. Works previously exhibited or published on the artist’s website on the interior pages of a book or magazine are accepted.

Entries are invited from artists of all nationalities, living anywhere in the world. There is no limit to entries per person.

The winner will receive a €1,000 cash prize and publication on the cover of – and editorial coverage in – a future Issue of *Anthology*. The winner will also receive a one-year subscription to *Anthology*.

**Entries close 30 September 2023.**

Find out more: <https://anthology-magazine.com/awards-awards/anthology-creative-awards/cover-art-competition/>

## Resources

### [9 Smart Study Tips to Try Out at High School](#)

With the start of a new school year coming up, you’ll need to quickly get back into the rhythm of studying and preparing for assessment. This might seem like a daunting task, especially if you don’t have any study techniques to rely on yet, but don’t fret. We’ve gathered some great study tips you might like to try out.

#### **Don’t cram**

Of course you’ll still need to study leading up to an exam. But don’t leave *all* of your studying until the last minute.

Several [studies](#) have proved that the best way to understand what you’re learning and make the best use of that information long term is by [spacing out your studies and revision](#).

So instead of leaving everything to the last minute and cramming, start working on a study schedule. Go over material you’ve learned at different times throughout the term, instead of revising once and leaving it behind until exam time. For example, each time you learn a new

topic, put a reminder in your calendar to go over the material again 2, 4 and 6 weeks down the track, for example.

### **Answer questions**

Reading something in a book or online might help you learn a bit – and re-reading it will cement it in your memory for a little longer. But for most people, that’s not enough to fully understand a concept or idea.

Imagine looking at a car engine and having a mechanic point out all the parts; after a while, you might be able to identify what’s what at the drop of a hat. Now imagine being asked to build an engine...different story, right?

To achieve a deeper level of understanding, research says we should answer questions. This way, you can test and apply your knowledge more than you would by just reading.

See if you can access exams from previous years, get your friends to quiz you on what you’ve learned, or see if your teacher can do up some revision sheets.

By answering questions, you can also spot areas where your understanding is lacking and get some more study in before exams.

### **Practise makes perfect**

Okay, not necessarily *perfect*, but better.

Say you wanted to learn how play the guitar. You might go onto YouTube and watch hundreds of tutorials or read a whole book about music theory. No matter how much preparation you do, the first time you pick up a guitar and play, it’s probably not going to sound great. Realistically, you need to [practise](#) what you’ve learnt lots of times before you’re expected to get it right.

Why not treat your tests and exams the same way? Before you get in there you could:

- Incorporate past practise tests into your study schedule
- Write your own flash cards with questions on one side and answers on the other
- Test yourself often, or have other people test you on the information
- Ask your teachers to write you some example exam questions too

### **Mix it up**

When you’re planning a study schedule, it’s tempting to schedule each subject in a block, move on to the next, and never look back.

But imagine you’re learning to play tennis, and for the first four months all you do is learn forehand. Next you learn backhand. Then finally you’re onto learning volleys. This style of learning is called “blocking” because you learn in large blocks. Sure, you’ll get all the skills, but a) it can get kind of boring, and b) it’s not reflective of what an actual tennis game involves.

This is where another learning technique called “interleaving” comes in. Studies have suggested interleaving can produce much better and longer-lasting benefits. It involves switching between

related topics, training your brain to not only learn the information but [making connections](#) between it all too.

Not convinced? In one [study](#), Year 7 students were given homework sheets using either the blocking or interleaving methods. When they were tested one day later, the students trained with interleaving scored 25% better. When they were tested one month later, the interleaving advantage grew to a massive 76%.

So when you're planning your study schedule (including your homework), try mixing things up a little to see if it helps you study better.

### **Mistakes can help you learn too**

Everyone makes mistakes, especially when you're learning new things. But instead of letting it get you down, you can turn your mistakes into a learning tool.

Want to know how?

- Test yourself before you start revising. That way you'll see how much knowledge you've retained and how much you've understood the topic. Then you can focus your revision on areas where you need the most help.
- Keep time in your study plan to go over material and check for mistakes. Understanding where you went wrong and how to make your answers right is a great way of focusing in on your problem areas.
- When you do homework, tests, or mock exams at school, go over any mistakes and see if you can get the right answers. Ask your teacher to check your answer over if you're still not sure – and if you're struggling, you can always ask them to help you out.

### **Make it visual**

Textbooks and notes – all those words. Sometimes they just make your eyes swim, and you lose concentration as well as understanding.

If you're more of a visual learner, you could try using diagrams, graphs and other visual material as a basis for your revision. Then, if you need to, add notes or explanations to help you expand your learning.

You could even have a go at [sketchnoting](#) – and you don't have to be great at drawing to have a go.

### **Ask questions**

Simply trying to remember long lists of facts and figures off by heart can be pretty tricky – and it doesn't necessarily show any understanding of a topic, which is often what teachers want to see in your exam answers.

But if you dig a little deeper and give those facts and figures some more context, it could make them easier for you to remember later on.

The simplest way of doing this is to look at new information and ask questions about it. They don't have to be lengthy or tricky questions to answer either.

### **Think of examples**

Combining new information with things that you already know can increase your understanding. This not only means you're learning better, it also means you're more likely to remember it for longer too.

Using examples is another way of elaborating on information and helps you to understand and retain it more successfully.

If you're struggling to come up with your own examples, imagine you are explaining the topic to a five-year-old. That could help you to get the ball rolling.

### **Use apps as study aids**

You could look at apps that might help you to study – it's best not to rely on them completely, but you could use them to help you change things up, provide quizzes, or test you on your knowledge.

Here's a few that could help you to get started:

- [Quizlet](#)
- [SimpleMind](#)
- [StudyBlue](#)
- [GoConqr](#)
- [DuoLingo](#)
- [Elevate](#)
- [Khan Academy](#)
- [Chegg](#)
- [Learnie](#)
- [ARC Maths App](#)
- [Accomplish Reading](#)

(It's a good idea to speak to your parents and let them know about the apps you're using too).

### **Find more Study Tips**

If you'd like to keep searching for new study tips and ideas, check out our dedicated [Study Tips page](#).

### **[5 ways to get mental health support without talking on the phone](#)**

We understand that calling people on the phone can sometimes be daunting. And if you're feeling stressed out, depressed or anxious, it can be even harder. But did you know that there

are plenty of ways you can connect with mental health support services and professionals without having to ring someone? Here are some of the best ways we've found.

### **Text and Online Chat**

A lot of mental health support services now offer text message and online chat options. This means you can talk to someone at any time of the day or night through text instead of talking.

- [Lifeline](#) offers a Crisis Text service 24/7.
- [BeyondBlue](#) has an online chat service that runs 24/7.
- [KidsHelpine's WebChat Counselling](#) is open 24/7, 365 days a year.
- [headspace](#) allows you to connect with a clinician online, available between 9am and 1am.
- [Suicide Call Back Service](#) has 24/7 online chat available for people aged 15 and older.

### **Online Clinics and Programs**

Online clinics and programs offer a self-guided form of help through questionnaires, modules, information and resources. They can help you recognise when something is going wrong and ways you can help yourself before going to a professional.

- [MindSpot Clinic](#) has a range of personalised courses based on your needs.
- [This Way Up](#) offers online courses, resources and action plans.
- [Black Dog Institute's Online Clinic](#) gives you a personalised report and suggests free and low-cost resources.

### **Peer Support Forums**

Sometimes you might feel like nobody out there understands how you feel. But they do! Many services also have peer support forums where you can chat with other real people going through tough times, just like you.

- [The SANE Forums](#) are moderated forums for people over the age of 18. You can chat anonymously if you would like.
- [BeyondBlue](#) has a variety of moderated forums, including one for young people aged 12-25.
- [headspace](#) offer scheduled group chats where you can discuss a topic with other young people and professionals.

### **Smartphone Apps**

There are heaps of apps out there that can help you with mindfulness, meditation and general wellbeing. Many of them are free to use as well.

- [The Headspace app](#) is great for beginners learning how to meditate. It's available on Apple and Android devices.
- [Smiling Mind](#) offers guided meditation and wellness exercises, created especially for young people. It's available on Apple and Android devices.
- [MoodMission](#) is an app designed to help you cope with stress, low-mood and anxiety. It's available on Apple and Android devices.

### Chat Bots

Maybe sometimes you don't want to talk to anyone, but you need to get something off your chest. That's what chat bots are for.

- [Woebot](#) is a smartphone app that uses AI to respond to your messages.
- [Wysa](#) is another AI chat app that also offers self-care exercises.

Remember, if you're feeling depressed, anxious or stressed out, there is always a place to reach out and get help. If you need help right away, you can always call the following services:

- Lifeline on 13 11 14
- Kids Helpline on 1800 55 1800
- Beyond Blue on 1300 22 4636
- Suicide Call Back Service on 1300 659 467
- Call 000 in an emergency

You can also find more mental health and wellbeing resources on Study Work Grow [here](#).

## Workplace Spotlight

### What is it like to work in a Café?

Most of us have visited a café before, but have you ever thought about what it would be like to work in one? Most cafés are a bit like ducks – everything looks calm and in control on the surface, but beneath the water they are paddling like mad to keep things going.

In a café, people work in a team to prepare food and drinks for customers. Usually, cafés serve hot drinks like coffee and tea, as well as cakes and pastries and light meals. They are usually open early in the morning, so that people can get their coffee and breakfast on their way to work, and stay open for lunch but close up after that and don't offer an evening meal service.

While every café is different, they tend to have a few things in common:

1. Things move quickly – customers don't like to wait too long for their coffee, so café workers need to be able to handle the fast pace of service.
2. Cleanliness is key – there are strict food hygiene standards that all cafés need to meet, and you'll need to be prepared to keep things clean at all times.

3. You'll be serving a lot of customers – which means you will need good people skills and the ability to greet and serve customers in a way which gives them a good experience (otherwise they won't come back).

### **Key Outcome – keeping people fed and caffeinated**

Each café needs to make a profit so it can stay open, and they make their money by selling food and drinks to customers. They make it easy for people to find a quick break when they are out and about, and they are also often social places where people feel safe to meet.

### **Key Tasks**

- Make coffee and other hot drinks for customers
- Provide pre-prepared food, and/or make food on the premises for customers
- Keep the café and eating area clean and safe
- Clearly communicate the types of food and drink on offer

### **Industry – you can find cafés in the hospitality industry**

The hospitality industry also includes bars and restaurants, travel and tourism, some beauty services – pretty much anything that serves customers. This industry is focused on providing services that are usually considered to be optional – it's not essential for us to eat out – which means that most businesses in this industry need to deliver a positive experience for customers.

### **Work Environment – you can expect shifts and on-site work in a range of locations**

*Shift Work | Work on-site | Jobs in all locations, including metro, regional, and rural | Job growth depends on location*

Most people who work in a café work outside of the standard 9am to 5pm work hours – they are at work whenever the café is operating. This means they usually don't work in the evenings, unless they are preparing for the next day.

It is very difficult to serve coffee from home, but some roles may be remote, for example, the bookkeeper for the café may work from home, and many cafés source baked goods and pastries from people who bake in their own kitchens or in offsite commercial kitchens.

You'll find cafés just about anywhere you can find people – even the smallest towns tend to have a café or two. That means there are lots of opportunities in a huge range of locations, but it also makes it difficult to define the growth areas. It's likely that there will be higher job growth in locations with population growth or strong tourism numbers.

### **The Career Clusters you'll find in a café**

Some cafés are owned and operated by just one or two people, but others have teams of staff, and the size of the café will impact on the number of Clusters you find within it. You'll generally find Makers and Linkers, as well as Coordinator or two as the managers, but the other Clusters may be outsourced roles.

### **The role of a Maker in a café**

The Makers are the people who are preparing the food and coffee, and keeping the kitchen clean and operational. Most cafés also bring in Makers to take care of the initial shop fitout, and other Makers deliver the produce to the café each day.

### **Where do you find Linkers in a café?**

The Linkers are the people who serve the customers – the ones who help them find seats and take their payment. Often in small cafés these people may also be Makers actually preparing the coffee or food.

Cafés also need Linkers to run their social media, advertise the café, and generally encourage customers to come through the doors.

### **The role of a Coordinator in a café**

Cafés usually have one or more people who are the Coordinators – these are the Café Manager or Shift Manager, and they are responsible for coordinating the team, ordering supplies, managing the books, and ensuring the café complies with all the regulations it is subject to.

### **How do Guardians work in cafés?**

There are regulations which mandate that cafés appoint someone to be their safety officer, and this person may occasionally work as a Guardian alongside their other roles, but most cafés don't have a Guardian on staff. That being said, they work with Guardians to do things like review the café for fire safety or for potential safety hazards for customers, and Guardians often work with cafés as Food Safety Inspectors for local councils.

Commercial kitchens can be dangerous places with a high risk of burns and slips, and if something goes wrong then a Guardian may become involved in any workplace safety investigation that is required.

### **Where do you find Informers in a café?**

You'll often find Informers working with café owners and staff when they are just starting out – for example, there are Barista Trainers, who will teach staff how to operate the complicated coffee machines. Other Informers work with café managers to help them conduct audits and meet compliance requirements, as these can often be complicated and getting them wrong can



have severe consequences. Café managers may also bring in accountants and other financial experts to manage the books.

### **What types of Innovators work in a café?**

Most of the time Innovators are involved when the café is being set up – they may build or fit out the café, and design the kitchen layout, for example. Graphic Designers may be brought in to help design the logo which goes on the coffee cups, menus, napkins, t-shirts, and social media sites, and you could also find other marketing experts who create a website or online ordering platform.

Many cafés work closely with their roaster, who is an expert in roasting beans to meet the needs of the café, and the roaster is an Innovator who designs and blends their own custom beans.

### **How do we expect working in a café to change in the future?**

It's unlikely that we'll see drastic changes to the way cafés operate in the next 5 to 10 years, because so much of the process is human. Sure, there are automated coffee dispensers, and you can order your coffee through an app without needing to talk to a real person anymore, but most cafés still find it's more profitable to offer personalised service.

If you're interested in working in a café, it could be helpful to learn more about the new kinds of technology that are being brought into the space, as well as the latest trends in things like origin of the coffee beans, and food safety standards.

### **The Study Work Grow Research Team**

PO Box 109, Redlynch, QLD 4870

Phone: 0432 860 108

Email: [lucy@studyworkgrow.com.au](mailto:lucy@studyworkgrow.com.au)

Find us online – [www.studyworkgrow.com.au](http://www.studyworkgrow.com.au)

Copyright © 2023, [Study Work Grow](http://StudyWorkGrow.com) | All rights reserved