

# Knox Little Athletics Centre



Little Athletics caters for children aged 5 to 16 and includes sprints, middle-distance running, walks, hurdles, throws and jumps.

## 2024/25 SUMMER TRACK & FIELD SEASON TO START 5 October 2024

Season runs from October 2024 until March 2025

Register Now – Registrations are open.  
See our website for more details

2 weeks free try out available for new athletes  
Come and try and see what  
Little Athletics is all about!

Season 24/25 will be held at  
Ringwood Athletics Track  
(until our track is completed)

**WANT TO  
KEEP FIT  
OVER  
SUMMER**

For more information:

- Website: Knox Little Athletics – [www.klac23.org.au](http://www.klac23.org.au)
- Facebook: [www.facebook.com/knoxlittleathleticscentreinc](http://www.facebook.com/knoxlittleathleticscentreinc).
- Email: [registrar@klac23.org.au](mailto:registrar@klac23.org.au)