

Taekwondo

• Child Safety • Adult Health • Peace of Mind

TAEKWONDO for KIDS



**FREE
2 WEEK PASS**
for you and a friend.
BOOK EARLY!
Limited Spaces

Give your child the help they deserve to build their:

- CONFIDENCE • SELF ESTEEM • FOCUS • STRENGTH
- COORDINATION • BALANCE • LIFE SKILLS

in our specially designed **programs just for kids.**

Help your child grow, develop and defend for themselves!

**GIVE YOUR CHILD A KICKSTART IN LIFE!
A FIGHTING CHANCE!**

Starting from
**4 YRS
AND UP!**

SELF DEFENSE for WOMEN



A great environment to get fit and learn how to defend yourself.

You will build • CONFIDENCE • SELF ESTEEM

• A STRONGER AND LEANER BODY

• FLEXIBILITY AND SPEED

Have fun and learn the confidence to defend yourself!

**CALL NOW
for a FREE
TRIAL CLASS**
for you and a friend.
BOOK EARLY!
Limited Spaces



ATImartialarts

Achievement Through Trust & Integrity

www.atimartialarts.com.au

Call **ANTHONY** on **0402 144 018**

to make your booking today!

FORSTER PARK HALL corner Keane Street & Abernethy Road, Cloverdale

WOODVILLE PAVILION HALL corner Fitzgerald & Farmer Street, North Perth